



Make the most of your over-the-counter (OTC) benefit

As a valued member of Moda Medicare Advantage plans, if your plan includes the OTC benefit, you'll receive a debit benefits card upon enrollment.

The card comes **preloaded with a \$30** available balance you can use at select stores to purchase health and wellness items approved by the Centers for Medicare & Medicaid Services.

The OTC card is intended to help you simplify meeting your health needs to support your total health – and your family's too.

OTC is not included in all Moda Medicare Advantage plans. Check your plan benefits in the Summary of Benefits or Evidence of Coverage to confirm if your plan includes OTC benefits.



**Preloaded
with \$30!**



Where to use the card

OTC funds may be used in the following stores or their websites: Albertsons, CVS, Dollar General, Fred Meyer, QFC, Rite Aid, Safeway, Walgreens, and Walmart.

There are **496 participating locations in Oregon**.

What the card can buy

Eligible health and wellness products can be found in the OTC catalog, including:

- Cough, cold, and flu remedies
- Allergy and sinus relievers
- Pain relievers
- First aid supplies
- Digestive health – antacids and laxatives
- Vitamins and supplements
- Diabetes nutritionals
- Thermometers and blood pressure monitors
- Heating pads, braces, and supports
- Oral care items
- Footcare and compression hosiery and support
- Eye care and ear care products
- Nicotine replacement therapies
- Sunscreen and therapeutic lotions
- Sleep aids
- Yoga mats, stability balls, weights, pedometers, and fitness trackers
- Baby oils, lotions, creams, wipes, petroleum jelly, and electrolytes
- Weight management – scales, diuretics, and cleansing
- Incontinence and feminine protection products

Card usage details

- Keep your OTC card – funds are reloaded at the start of each quarter.
- Neither ATM nor cash access is available.
- All unused funds expire at the end of each quarter.
- There are no limits to how often you can shop at participating retailers if you have funds available on the benefits card.
- Applicable sales tax will be added to all eligible purchases and can be covered by available funds.
- There is no fee to activate or use your benefits card.
- There are no usage or monthly fees with the benefits card.



Simply visit
SpeakBenefits.com/card
or call Moda at **833-919-9207**.

Once you receive and activate your OTC card, you can check your balance, search for eligible stores, view approved products, and find guidance for how to use your card.

Moda Health Plan, Inc. is a PPO and PDP with Medicare contracts. Enrollment in Moda Health Plan, Inc. depends on contract renewal. Medicare Supplement: Health plans provided Moda Health Plan, Inc.