



ChooseHealthy™

## Save More. Live Better.

With the ChooseHealthy® program, a value-added service offered by the Moda Health Medicare Supplement plan through the PERS Health Insurance Program (PHIP), you can save more on wellness products and services—and discover new ways to live better every day.

### The program allows you to:

- Get discounts from 10% to 50% on popular health and fitness brands
- Save 25% on services from specialty health care practitioners
- Learn from evidence-based, online health classes and articles offered at no extra cost

Learn more or access these services by logging into your Member Dashboard account on [modahealth.com/pers](https://modahealth.com/pers)

Or you can call 877-335-2746,  
Monday – Friday, 5 a.m. – 6 p.m. Pacific Time.

### The ChooseHealthy program is not insurance.

It does not meet minimum creditable coverage requirements under the Affordable Care Act or other state law. You get discounts from participating specialty health care providers when your sponsoring organization's plan includes this feature. You must pay for all services from participating providers. Discounts will vary by type of provider and services received. The ChooseHealthy program does not make any payments to participating providers. Check any insurance benefits you have before using this discount program. Those benefits may result in lower costs to you. The ChooseHealthy program has no liability for the quality of services rendered, and it does not guarantee services or products. Discounts on products and services available through the ChooseHealthy program are subject to change. Before you enroll in ChooseHealthy, you can check currently available products and participating providers through the ChooseHealthy link on your sponsoring organization's website. Once enrolled with ChooseHealthy, you may login directly at [modahealth.com/pers](https://modahealth.com/pers) to see the same information. Not all provider types may be available in all states. You may unenroll or cancel at any time. Refunds do not apply because your sponsoring organization provides the ChooseHealthy program to you at no cost. The ChooseHealthy program is provided by American Specialty Health Group, Inc. and ASH Technologies, Inc. (dba ASH Technologies of Delaware, Inc. in the state of Pennsylvania); all are subsidiaries of American Specialty Health Incorporated (ASH). ASH is an independent specialty health organization, offering musculoskeletal health provider networks and programs, fitness center networks and programs, and well-being solutions on behalf of health plans, employers, and other clients. These additional services are not insurance and may be discontinued at any time with 30 days advance notice.

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Moda Health Plan Inc. complies with applicable federal civil rights laws and does not discriminate on the basis of race, religion, color, national origin, age, disability or sex. ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 800-962-1533 (TTY: 711). CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Gọi 800-962-1533 (TTY: 711). PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 800-962-1533 (TTY: 711).

Health plans provided by Moda Health Plan, Inc.

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