



Access maternity care for your pregnancy and beyond!



Pregnancy is a big life moment. Having the right support in your corner can make all the difference. Your health plan is here to help you care for yourself and your baby.

As an OEGB member, you have access to a range of helpful resources through your benefits, at no extra cost to you. Maternity care benefits are available to guide you, answer questions and support you along the way.

Moda Health members



Moda offers extra support during pregnancy and early parenthood, with programs designed to help you feel more prepared and cared for.



Doulas*

Get non-medical support during pregnancy, childbirth and after your baby arrives. A doula helps you have a more safe, memorable and empowering birth experience through each step.

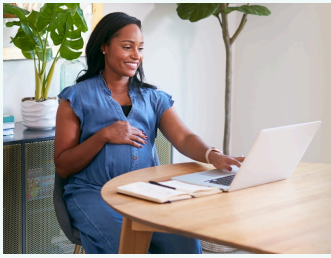
[Learn more about doulas](#)



Maternity Care Program – Growing together

Connect with personalized health coach, get help after birth and find local support. This program helps you navigate pregnancy and early parenthood with confidence.

[Maternity Care Program](#)



Find Care

Need to find an in-network provider near you? Use our online provider directory tool, Find Care, to search for in-network providers.

[Find Care](#)

Questions? We're here to help!

For questions, call the Moda 360 Navigator team at [866-923-0409](tel:866-923-0409) (TTY users, please dial 711) or email OEBBquestions@modahealth.com.

Health plans provided by Moda Health Plans, Inc. | [Moda Health Privacy and Transparency Center](#)

* Please see your Member Handbook for coverage details or reach out to the Moda Health Navigators to learn more.

Kaiser Permanente members



Maternity Care

Having a baby is a highly personal process. That's why Kaiser Permanente focuses on giving parents the pregnancy experience they want. At Kaiser Permanente hospitals, you have the freedom to choose from a variety of clinicians for your prenatal care team. You can choose your family doctor, an obstetrician, a certified nurse-midwife, or a nurse practitioner.

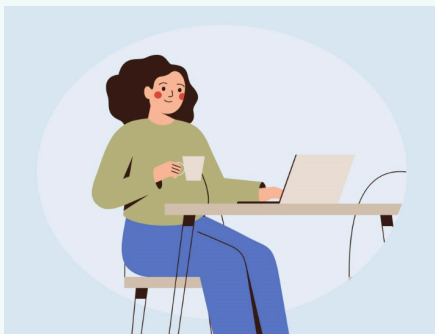
Your skilled and compassionate care team is trained to keep you and your baby safe and to support the birth experience you envision. Click here to learn more about maternity care at Kaiser Permanente: [Pregnancy Care & Resource Guide](#) | [Kaiser Permanente](#)



Doula Benefit

In addition to your care team, your partner or support person, family, and doula are welcome as part of your care with Kaiser Permanente. Kaiser Permanente Northwest covers Doula services for the eligible birthing parent (pregnant person) enrolled in medical benefits through the Oregon Educators Benefit Board (OEBB).

Coverage includes up to eight (8) visits during pregnancy and postpartum (after delivery) and inpatient hospital services provided by a Doula. Effective October 1st, 2025, members are required to seek services through Doula Love or Community Doula Alliance. Click here to learn more about the Doula benefit and our contracted community providers: [Coverage for Birth Doulas](#) | [Oregon Educators Benefit Board](#) | [Kaiser Permanente](#)



Medical Certification Forms

A Medical Certification form can be submitted to an employer or leave administrator to determine your eligibility for Family and Medical Leave Act (FMLA), Oregon Family Leave Act (OFLA), Paid Leave Oregon (PLO) and Washington Paid Family and Medical Leave (PFML). Requests for Medical Certification can now be made online.

Follow the link below, scroll down to "Request work leave and accommodations" and expand the "Medical certification forms" section. There you will find a link to "Request FMLA Medical Certification." You will be prompted to login using your Kaiser Permanente username and password, and then you can complete the form electronically. For additional assistance, please call the Release of Information team at 503-571-5051. Click here to view more instructions and complete the form: [Request records, forms & certifications](#) | [Kaiser Permanente](#)

If you're not a Moda or Kaiser member, please check your medical plan to see what maternity care resources are available to you.