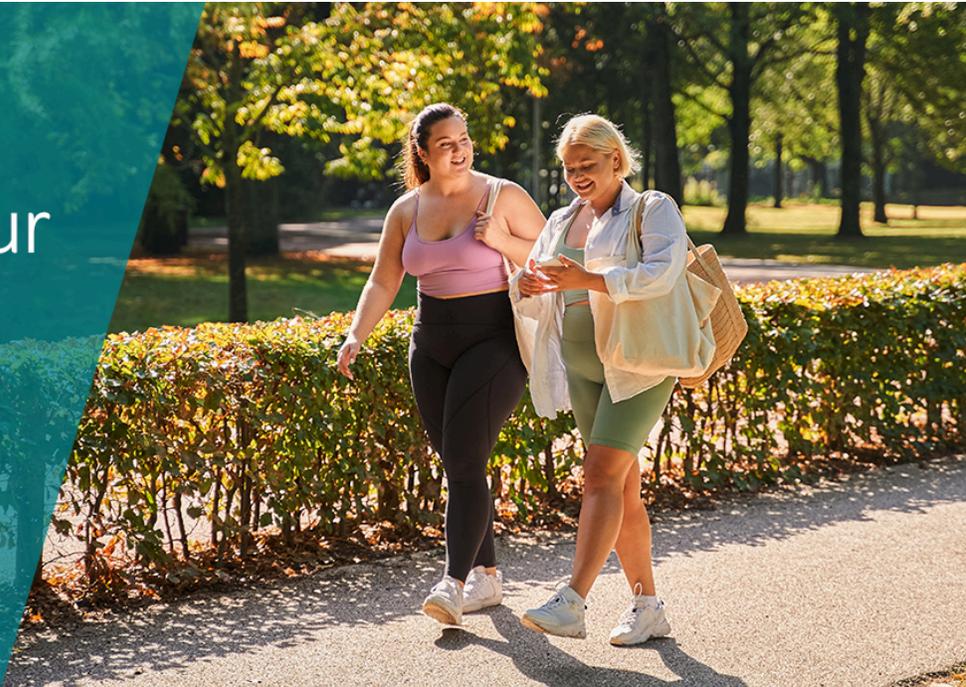




# Personalize your healthcare in one place



Managing your health can come with a lot of moving parts, but it shouldn't feel hard to know where to start.

Your Member Dashboard brings your health tools and care programs together in one place, making it easier to find support and stay on track. It recommends the top programs matched to your care needs, sends reminders for preventive care and lets you explore over 30 programs that support your overall well-being. Think of it as your own personal healthcare admin you can use on your phone or computer.



## Moda Health Members

### Start with your Member Dashboard

Your [Member Dashboard](#) is your own easy-to-use website, built just for you. It helps you stay organized, informed and supported.

Here's what you can do there:

- View personalized care reminders
- Check your plan details, claims and EOBs
- Find a doctor or dentist
- Estimate healthcare and prescription costs
- View your Member Handbook and print ID cards
- Set and track goals in a digital wellness app

**Don't have an account yet? Creating one is easy.**

Just go to the [Member Dashboard login page](#), select "Create an account" and have your member ID card handy to get started. Your member ID is your OEGB 'E' number. If you don't know it, you can reach out to our Health Navigator team and they can assist you.





## Personalize your experience

In your [Member Dashboard](#), you'll find a short Getting to Know You form. Take a few minutes to complete. When you do, your dashboard home page will update with recommended programs, tools and care options that match your health needs and goals. It's an easy way to make your benefits feel more personal and useful.

[Log in to your Member Dashboard](#)

## Programs that support your whole health

You also have access to helpful programs that can make care easier and more affordable, including:



### Garner™

Helps you find top doctors and reimburses you for out-of-pocket costs when you see a Garner Top Provider.



### Behavioral Health 360

Talk with a Behavioral Health Champion or take a self-guided assessment to find the right mental health support.



### CIRRUSMD

Text a doctor 24/7 for urgent or general health questions at cost\*.

*\*Members on Medical plans 6 and 7 are subject to the deductible. Once a deductible has been met there is no member cost share.*

You can find these programs and much more on your Member Dashboard.

[Log in to your Member Dashboard](#)

## Check prescription prices before you go

Want to avoid surprises at the pharmacy? Use the Navitus pharmacy price check tool inside your [Member Dashboard](#) to compare brand and generic prices, see estimated costs and find nearby pharmacies before you fill your prescription.



## Help beyond healthcare

Sometimes health is about more than doctor visits. Social Determinants of Health (SDoH) are the everyday things that affect how healthy we can be, like accessing food, housing, transportation and social support.

If something in your life is making it harder to stay healthy, our Social Wellness Advocates are here to help. We listen without judgment, do the legwork for you and connect you with real, local resources.

We can help you with:

- Food access and nutrition support
- Housing, utilities and safety concerns
- Transportation to work or appointments
- Mental health support and social connection

To get started, call us at 833-960-8988 or email [sdoh@modahealth.com](mailto:sdoh@modahealth.com).

We're glad you're here, and we're here to help you every step of the way.

## Questions?

For questions about your health benefits, call us at 866-923-0409 (TTY users, please dial 711).

Health plans provided by Moda Health Plans, Inc. | [Moda Health Privacy and Transparency Center](#)

If you're not a Moda Health member, please check your medical plan to see what programs and resources are available to you.