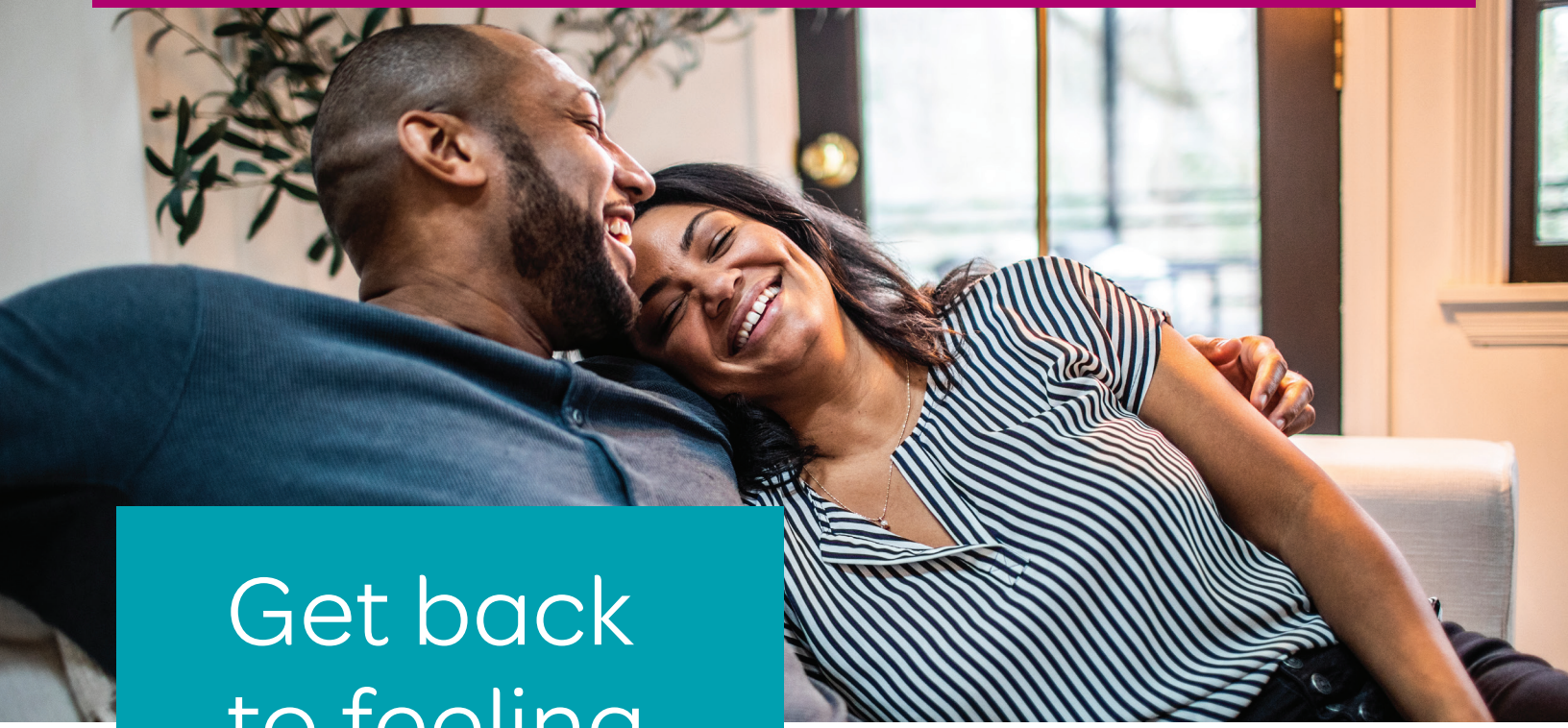
moda HEALTH



Get back to feeling *your best*

Now and then, we can all use a little help to get back on track. Powered by Revive, the Moda Health Employee Assistance Program (EAP) is a CONFIDENTIAL program with most services provided at no cost to assist you and your eligible family members with any personal concerns, large or small.

The program can help you with a variety of concerns, including:

- Marital conflict
- Conflict at work
- Depression or anxiety
- Stress management
- Family relationships
- Financial / legal / consumer concerns
- Alcohol or drug misuse
- Grieving a loss
- Career development
- Childcare
- Eldercare
- Fertility health
- Identity theft
- Housing support
- Pet parent support

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Personal consultation

Get several in-person, phone or virtual counseling sessions per incident. Our EAP professional counselors can help you identify problems, establish goals, make recommendations and develop an action plan for you. You can search for a provider and schedule appointments at **canopy.myrevive.health**.

Coaching

Phone or video sessions with a Coach for goal setting, healthy habits and personal development.

Crisis counseling

Our highly trained team of professional counselors are ready to speak to you by phone 24 hours a day, seven days a week.

Legal/Mediation

Each covered member is eligible for a free, 30-minute office or telephone consultation for a separate legal/mediation matter (limit three per year) with an attorney or mediator. If you decide to retain the attorney or mediator after the initial consultation, you will get 25% off of their normal hourly rate.

Financial coaching

You are eligible to receive telephone-based financial coaching from certified financial consultants. Coaches are available for unlimited financial coaching, developing a needs analysis, and an online written action plan to help you develop better spending habits, reduce debt, improve your credit, increase savings, and plan for retirement.

Identity theft services

You are eligible for a free 60-minute consultation with a highly trained Fraud Resolution Specialist™ (FRS). The FRS conducts emergency response activities and helps you restore your identity and good credit, and resolve fraudulent debts. You'll also receive an Emergency Response Kit, outlining ways to repair and manage your identity over time to prevent it from happening again.

Resources for Life

Revive will help locate resources related to childcare, eldercare, identity theft, housing support.

Home ownership program

We provide assistance and discounts on services related to selling, buying and refinancing a home. Call Moda Health EAP to learn more.

Self Scheduling Portal

Access innovative tools, chat for support, view videos and webinars, and more. To create an account, visit the website **canopy.myrevive.health** and choose "**register**". For "**organization name**" you will type in "**MODA EAP**" and select from the drop-down. Complete the registration and select "**register**". Once you're logged in, you can schedule an appointment and search for a provider using your work email address or code **112443.**

Get Started Now

Call: 800-826-9231
Visit: canopy.myrevive.health

Moda Health EAP is not insurance.

Questions?

For assistance, call 800-826-9231 or text.

Moda Partners, Inc. complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-877-605-3229 (TTY: 711).
CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-877-605-3229 (TTY:711). PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711).

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