

2023 Medical plan benefit summary



● Moda Select Gold 1000

	In network you pay	Out-of-network you pay
Calendar year costs		
Deductible per person	\$1,000	\$5,000
Deductible per family	\$2,000	\$10,000
Out-of-pocket max per person	\$8,550	\$10,000
Out-of-pocket max per family	\$17,100	\$20,000
Care & services		
Preventive care visit	\$0/visit	50% after deductible
Primary care provider (PCP) office visit	\$0/visit ¹	50% after deductible
Specialist office visit	\$60/visit	50% after deductible
Urgent care visit	\$60/visit	50% after deductible
Virtual care visit	\$0/visit ¹	50% after deductible
Outpatient diagnostic X-ray & lab	20%	50% after deductible
Emergency room visit	\$300/visit then 20%	\$300/visit then 20%
Ambulance	20% after deductible	20% after deductible
Inpatient/outpatient Care	20% after deductible	50% after deductible
Outpatient mental health/ substance use disorder visit	\$0/visit for first 3 visits, then \$40/visit	50% after deductible
Physical, speech or occupational therapy visit	\$60/visit	50% after deductible
Acupuncture and spinal manipulation services	\$40/visit	50% after deductible
Pediatric vision exam	\$40/visit	50% after deductible
Pediatric vision hardware	20%	50% after deductible
Prescription medications²		
Value	\$2	Not covered
Select	\$10	Not covered
Preferred	\$60	Not covered
Non-Preferred	50%	Not covered
Preferred Specialty	20%	Not covered
Non-Preferred Specialty	50%	Not covered
Features		
Metallic level	Gold	
Exchange	Off	
Medicare Part D creditable	Yes	
Provider network	Moda Select	
Travel network	Aetna PPO	
Service area	Clackamas, Multnomah and Washington counties	

¹ Limited to first 3 visits for age 19+, then \$40/visit. Virtual care visit and in-office visit limits are combined

² One copay per 30-day supply. \$80 maximum per 30-day supply for insulin

Limitations

- Acupuncture: 12 visits per year
- Authorization by Moda Health is required for all medical and surgical admissions and some outpatient services and medications
- Biofeedback: Only for tension or migraine headaches or urinary incontinence. 10 visits per lifetime
- Brand tier medications: If you use a brand medication when a generic equivalent is available, you will have to pay the nonpreferred cost sharing plus the difference in cost between the generic and brand medication.
- Coordination of benefits: When you have more than one health plan, combined benefits for all plans is limited to the maximum plan allowance for all covered services
- Hearing aids: Once every 3 years. Hearing tests: Twice per year under age 4 and once per year age 4 and older
- Hospice respite care: 30 days per lifetime, up to five days in a row
- Infusion therapy: For some medications you must use an authorized provider. Outpatient hospital setting may not be covered
- Medicare: If the group is less than 20 employees, any expense that is paid under Medicare, or would have been paid under Medicare Part B if you had enrolled in Medicare, will have benefits reduced by the amount Medicare paid or would have paid.
- Prescriptions: 30-day supply for standard retail and most specialty pharmacy. 90-day supply for mail order and participating retail
- Preventive care: Cost sharing may apply to services not required under the Affordable Care Act. Only women's exam, Pap test, mammogram, prostate exam and PSA test are covered out-of-network
- Rehabilitation and habilitation: 30 inpatient days and 30 outpatient sessions per calendar year. Extra rehabilitation up to 60 days after acute head or spinal cord injury or 60 sessions to treat neurologic conditions. Separate limits for rehabilitative and habilitative services.
- Skilled nursing facility: 60 days per year
- Spinal manipulation: 20 visits per year
- Transplants must be performed at the authorized transplant facility to be eligible for coverage
- Vision exam and glasses or contacts: Once per year for members under age 19

Exclusions

- Care outside the United States, other than emergency care
- Charges over the maximum plan allowance
- Correctional services, including sheltered living and court-ordered anger management or sex offender treatment
- Cosmetic services and supplies (exception for reconstructive surgery if medically necessary and not specifically excluded)
- Custodial care
- Dental examinations and treatment except for accidental injury
- Experimental or investigational treatment
- Infertility (services or supplies to treat infertility, including reversal of sterilization)
- Injury you get from practicing for or participating in professional athletic activities
- Instruction programs, except under the outpatient diabetic instruction benefit
- Massage or massage therapy
- Naturopathic supplies. Includes herbal, naturopathic or homeopathic medicines, substances or devices and any other nonprescription supplements
- Obesity (all services and supplies except those required under the Affordable Care Act)
- Optional services or supplies, including those for comfort, convenience, environmental control or education, and treatment not medically necessary
- Orthognathic surgery except when medically necessary to repair an accidental injury or for treatment of cancer
- Self-treatment. Services you provide to yourself or services from a member of your immediate family (other than a dental provider)
- Services or supplies available under any city, county, state or federal law, except Medicaid
- Temporomandibular Joint Syndrome (TMJ)
- Vision surgery to cure or reduce near-sightedness, far-sightedness or astigmatism

This document is provided for informational purposes only, and is intended as a quick reference of Moda Health plan benefits. It is not considered a Summary of Benefits and Coverage (SBC), and should not be regarded as a replacement for the SBC. For cost and additional details of the coverage, including exclusions, any reduction or limitations and the terms under which the policy may be continued in force, contact your producer or Moda Health.

This is a summary of the health plan benefits and is not a contract. If there is any discrepancy between the information in this summary and the contract, it is the contract that will control.

[modahealth.com](https://www.modahealth.com)