moda HEALTH

2021 | Moda Health Medicare Advantage enrollment kit

Central Oregon

Crook, Deschutes, Hood River, Jefferson and Wasco counties

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Get more out of Medicare

Moda Health is here to help you be *your* best. Together, we will find a Medicare Advantage plan that works for you — a plan that will inspire you to actively participate in your health and maximize your insurance dollars.

Let's explore your Medicare Advantage plan options...

moda HEALTH

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Quality, choice and access

Enjoy choosing from a large network of quality healthcare providers and hospital systems. You'll have access to over 10,000 doctors and specialists in Oregon. Your Moda Health Medicare Advantage plan also comes with access to our expert health coaches and caring customer service. We are a dedicated team, here to support you.

Our plans

We have preferred provider organization (PPO) plans with and without pharmacy benefits. If you choose a plan with pharmacy coverage, you won't have a co-pay for vaccines!
All of our PPO plans include:

- $0 medical deductible
- Both in-network and out-of-network care; in-network care saves you money
- Specialist care without referrals

Optional supplemental benefits

Moda Health Medicare Advantage members also have the option to enroll in Extra Care. For an additional $5 monthly premium, you can have routine chiropractic services, acupuncture and naturopathic services. We will pay 50 percent of services up to a combined $500 annual maximum.

Added benefits

When you choose a Moda Health Medicare Advantage plan, you also receive additional benefits. Among these benefits are gym membership and wellness resources.

Nurse line

Need quick advice? The friendly nurses on our Registered Nurse Advice Line are available 24 hours a day.
Call for guidance on:

- Basic health conditions and symptoms
- Treatment for minor injuries and burns
- Home cold and flu remedies
- When to visit your doctor

Text a doctor

Enjoy fast and private access to a dedicated doctor in under a minute -- at no cost to you. With the CirrusMD app, all you need is Internet access to:

- Connect with a doctor via text, 24/7, without appointments or time limits
- Ask urgent or general health questions
- Message, share photos or video chat
- Get peace of mind, even at 2 a.m.
- Come back to conversations or follow up as often as you'd like

Vision

Get a routine vision exam and eyewear through the VSP Advantage Elements plan, and in-network coverage through VSP's Advantage provider network. All routine vision exams and eyewear claims are administered by VSP. You can learn more about VSP at vsp.com. If you have questions, please call VSP at 844-693-8863, TTY: 800-428-4833.

Dental

Two no-cost preventive dental visits through the Delta Dental of Oregon Medicare Advantage Network and up to $500 of comprehensive dental benefits. (Total $500 allowance is combined for in and out of network services).

Hearing

Receive a no-cost routine hearing aid exam and hearing aid coverage through TruHearing. Hearing aids are costly. This benefit makes them much more affordable. You can learn more at truhearing.com. To schedule an appointment, please call 866-929-6749.

Gym membership

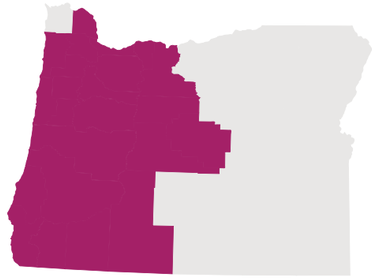
Enjoy gym membership and wellness resources from Silver&Fit®. This benefit includes:

- Access to a fitness center or YMCA
- Group classes designed for older adults, where offered without an additional fee
- The option to work out at home with up to two fitness kits per year (you have 34 to choose from)
- Healthy Aging classes four times a year that you can take online or by mail

Your fitness center must be participating in Silver&Fit for this benefit to apply. You can learn more at silverandfit.com. If you have questions, please call 877-427-4788.

Find the right Medicare plan for ***you***

Part of being *your* best is finding a Medicare Advantage plan that is right for you. We offer two PPO plans for you to choose from.

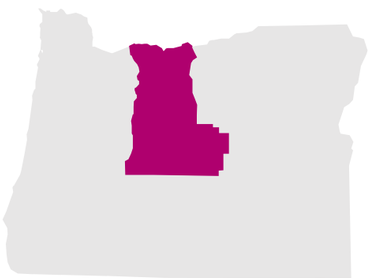


Moda Health PPO H3813-001

- $0 medical deductible
- No prescription drug benefit
- You can get both in-network and out-of-network care; in-network care saves you money
- No referral needed for specialist care

Moda Health PPO is available in Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon.

See page 8 for plan details.



Moda Health Central PPORX (PPO) H3813-010

- Includes a prescription drug benefit
- $0 medical deductible
- You can get both in-network and out-of-network care; in-network care saves you money
- No referral needed for specialist care

Central PPORX is available in Crook, Deschutes, Hood River, Jefferson, and Wasco counties in Oregon.

See page 9 for plan details.

Compare your plan options ***side by side*** on the following pages...

Medical benefits

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon		Moda Health Central PPORX (PPO) H3813-010 Crook, Deshutes, Hood River, Jefferson and Wasco counties in Oregon	
	In-network	Out-of-network	In-network	Out-of-network
Monthly plan premium	$18		$100	
Deductibles	$0		$0	
Maximum out-of-pocket responsibility *(Does not include prescription drugs)*	$3,500		$6,000	
Inpatient hospital coverage *(Copay per day for days 1-5)* *(Authorization rules may apply)*	$250	$350	$295	50%
Outpatient hospital coverage (Observation) *(Authorization rules may apply)*	$200	$300	$280	50%
Ambulatory surgical center *(Authorization rules may apply)*	$200	$300	$280	50%
Outpatient surgery *(Authorization rules may apply)*	$200	$300	$280	50%
Doctor visits Primary care provider *(PCP)*	$15	$15	$10	50%
Specialists	$35	$35	$35	50%
Preventive care	$0	30%	$0	50%
Emergency care	$65		$90	

Medical benefits (continued)

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon		Moda Health Central PPORX (PPO) H3813-010 Crook, Deshutes, Hood River, Jefferson and Wasco counties in Oregon	
	In-network	Out-of-network	In-network	Out-of-network
Urgently needed services	$35		$40	
Diagnostic services/labs/imaging (*Authorization rules may apply*)				
Diagnostic radiology services (e.g. MRIs, CT scans)	20%	30%	$15 - $295	50%
Diagnostic Tests and Procedures	$0	$0	$10	50%
Outpatient x-rays	20%	30%	$15	50%
Hearing services				
Exam to diagnose and treat hearing and balance issues	$25	$25	$35	50%
Routine hearing exam for hearing aids	$0	Not covered	$0	Not covered
Hearing aids	$699 - $999	Not covered	$699 - $999	Not covered
Dental services				
Medicare-covered *(Authorization rules may apply)*	$35	$35	$35	50%
Preventive and comprehensive dental *(Total $500 allowance is combined for in and out of network services)*	$0 preventive $500 allowance	$500 allowance	$0 preventive $500 allowance	$500 allowance
Vision services				
Medical vision services *(Medicare covered)*	$0	$0	$35	50%
Routine vision services *(Annual exam every year & glasses every 2 years)*	$0	Not covered	$0	Not covered

Medical benefits (continued)

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon		Moda Health Central PPORX (PPO) H3813-010 Crook, Deshutes, Hood River, Jefferson and Wasco counties in Oregon	
	In-network	Out-of-network	In-network	Out-of-network
Additional services				
Mental health services	$20	$35	$35	50%
Skilled nursing facility (SNF) *(Copay per day 21-100)* *(Authorization rules may apply)*	$150	$150	$160	20%
Physical therapy *(Authorization rules may apply)*	$35	$35	$30	50%
Ambulance *(Authorization rules may apply)*	$100		$300	
Transportation	Not covered		Not covered	
Medicare Part B Drugs *(Authorization rules may apply)*	20%	25%	20%	50%
Durable medical equipment *(Authorization rules may apply)*	20%	25%	20%	45%
Diabetes monitoring supplies	$0 - 20%	$0 - 25%	$0 - 20%	50%

Part D prescription drugs

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon	Moda Health Central PPORX (PPO) H3813-010 Crook, Deshutes, Hood River, Jefferson and Wasco counties in Oregon	
Deductible*	N/A	$200 *(waived on Tier 1, Tier 2, & Tier 6)	
Initial coverage stage	This plan does not cover Part D prescription drugs.	**30-day supply**	**90-day supply**
Tier 1 *(Preferred generic)*		$4	$12
Tier 2 *(Generic)*		$15	$45
Tier 3 *(Preferred brand)*		$47	$141
Tier 4 *(Non-preferred brand)*		$100	$300
Tier 5 *(Specialty tier)*		29%	N/A
Tier 6 *(Vaccine)*		$0	N/A

You begin in the deductible stage when you fill your first prescription of the year. During this stage, you pay the full cost of your drugs until you have paid $200 (waived for drugs on Tier 1, Tier 2 and Tier 6) .

Cost sharing amounts are the same when received from network retail, mail-order, and home infusion pharmacies as well as if you reside in a long-term care facility. You may get up to a 31-day supply of drugs from an out-of-network pharmacy, but you will pay more than you pay at a network pharmacy.

Cost sharing changes when you enter another stage of the Part D benefit.

During the coverage gap phase, you pay 25% of the cost for generic or brand name drugs.

During the catastrophic coverage stage, you pay the greater of 5% or $3.70 copay for generic drugs and $9.20 copay for all other drugs.

For more information on the different stages, please access your Evidence of Coverage online at modahealth.com/medicare or contact Pharmacy Customer Service at 888-786-7509, 7 am to 8 pm Pacific Time, seven days a week from October 1 through March 31. (After March 31, your call will be handled by our automated phone systems Saturdays, Sundays, and holidays.)

Optional supplemental benefits

You must pay an extra premium each month for these benefits

	Moda Health Extra Care
How much is the monthly premium?	Additional $5 per month. You must keep paying your Medicare Part B premium and your monthly plan premium. You can find your monthly plan premium on pages eight and nine.
What benefits are included?	Benefits include naturopathic services, chiropractic services and acupuncture.
How much is the deductible?	This benefit does not have a deductible.
Is there a limit on how much the plan will pay?	Our plan pays up to $500 every year. You pay 50% of the allowed cost for these services until the plan maximum of $500 for all services combined is met, then you pay 100% of the cost.

Additional information

This information is not a complete description of benefits. Call Customer Service at 1-877-299-9062 for more information or visit us at modahealth.com/medicare.

If you are not a member of this plan, call toll-free 1-888-217-2375. TTY users, call 711.

From October 1 to March 31, you can call us 7 days a week from 7:00 a.m. to 8:00 p.m. Pacific Time.

From April 1 to September 30, you can call us Monday through Friday from 7:00 a.m. to 8:00 p.m. Pacific Time.

Service area and eligibility requirements:

Moda Health Medicare Advantage plans are PPO plans with a Medicare contract. To join Moda Health Medicare Advantage plan you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

The Moda Health PPO plan service area includes the following counties in Oregon: Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill.

Moda Health Central PPORX plan service area includes the following counties in Oregon: Crook, Deschutes, Jefferson, Hood River, and Wasco.

Out-of-network/non-contracted Medicare providers are under no obligation to treat Moda Health Medicare Advantage members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

How to obtain additional materials

You can search our online provider and pharmacy directory by clicking on the “Find Care” link on our website, modahealth.com/medicare. Or, call us and we will send you a copy of the provider and pharmacy directories.

To view the drugs covered by Moda Health Medicare Advantage plans, you can find our formulary on our website at modahealth.com/medicare. Or call us and we will send you a copy of the formulary.

This booklet gives you a summary of what we cover and what you pay. It doesn’t list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, visit our website at modahealth.com/medicare or call us and ask for the “Evidence of Coverage.”

If you want to know more about the coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in large print.

Moda Health Plan, Inc. is a PPO and PDP with a Medicare contract. Enrollment in Moda Health Plan, Inc. depends on contract renewal.

Low Income Subsidy premium

Moda Health Central PPORX (PPO) H3813-010

Monthly plan premium for people who get Extra Help from Medicare to help pay for their prescription drug costs.

If you get Extra Help from Medicare to help pay for your Medicare prescription drug plan costs, your monthly plan premium will be lower than what it would be if you did not get Extra Help from Medicare. The amount of Extra Help you get will determine your total monthly plan premium as a member of our Plan.

This table shows you what your monthly plan premium will be if you get Extra Help.

Your level of Extra Help	Monthly Premium for Moda Health Central PPORX (PPO) H3813-010*
100%	$64.00
75%	$73.00
50%	$82.00
25%	$91.00

**This does not include any Medicare Part B premium you may have to pay.*

Moda Health Central PPORX (PPO) premium includes coverage for both medical services and prescription drug coverage.

If you aren't getting Extra Help, you can see if you qualify by calling:

- 1-800-MEDICARE (1-800-633-4227), TTY users should call 1-877-486-2048 (24 hours a day/7 days a week),
- Your State Medicaid Office, or
- The Social Security Administration at 1-800-772-1213. TTY users should call 1-800-325-0778 between 7 a.m. and 7 p.m., Monday through Friday.

If you have any questions, please call Customer Service at 1-888-786-7509 from 7 a.m. to 8 p.m., Pacific Time, seven days a week from Oct. 1 to March 31. After March 31, your call will be handled by our automated phone systems Saturdays, Sundays, and holidays. TTY users, please call 711.

Moda Health Plan, Inc. is a PPO and PDP plan with Medicare contracts. Enrollment in Moda Health Plan, Inc. depends on contract renewal.

Pre-enrollment checklist

Moda Health Medicare Advantage plans

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-877-299-9062.

Understanding the benefits

- ☐ Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit modahealth.com/medicare or call 1-877-299-9062 to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

Understanding important rules

- ☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/ coinsurance may change on January 1, 2022.
- ☐ Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher copayment for services received by non-contracted providers.

Ready to ***enroll***?

Read on to find out how. And, remember, we are here to help!
Please contact us if you would like assistance.

Choose and complete the application for the plan you would like.

Application forms are enclosed.

Scan your completed application, and then fax or mail it to:

Fax: 503-224-1975

Moda Health Plan, Inc.
Attn: Medicare Membership Accounting
P.O. Box 40384
Portland, OR
97240-0384

If you would like help, we can work with you to find a Moda Health-contracted agent or broker near you.

You can also enroll at modahealth.com/medicare.
Please keep a copy of your application for your records.

What happens after you enroll?

1. You will receive a letter in the mail acknowledging that you are enrolled in our plan.
2. You will receive your member ID card.
3. You will receive your welcome packet.

Tools for your ***health journey***

All of our plans come with programs, care teams, tools and resources designed to help you manage your well-being. Using your personal Member Dashboard, you can find dentists or pharmacies, get medical advice from health professionals, work with health coaches, compare medication prices, view your explanation of benefits and more.

Once you are an active member, use these care resources to help you be your healthy best! Simply log in to our Member Dashboard at modahealth.com/medicare to get started.

Prescription price check

See prescription medication costs and how much you would pay by medication tier at an in-network pharmacy.

This tool makes it easy. Simply log in to your Member Dashboard at modahealth.com/medicare to find medication cost estimates and generic options.

Healthcare Cost Estimator

You shouldn't learn the cost of care when the bill arrives. The Healthcare Cost Estimator offers you a simple way to understand:

- Procedure costs
- Cost comparisons across providers
- Your specific out-of-pocket costs

Use this tool to shop for cost-effective alternatives and make better, well- informed decisions.

Health coaching

Need a hand with your health? Our health coaches use evidence-based practices to help you set goals and feel your best.

Our care programs include:

- Cardiac Care
- Dental Care
- Depression Care
- Diabetes Care
- Kidney Care
- Lifestyle Coaching
- Women's Health & Maternity Care
- Respiratory Care
- Spine & Joint Care
- Weight Care

Care coordination and case management

When you're sick, need hospitalization or surgery, or are seriously injured, we'll give you support — so you can focus on healing.

We can help you:

- Understand and utilize all of your benefits
- Navigate the healthcare system
- Communicate with your providers
- Arrange care ordered by your provider
- Find community resources

Quitting tobacco

We cover two smoking or chewing tobacco counseling quit attempts within a 12-month period. Each counseling attempt includes up to four face-to-face visits.

If you use tobacco, but do not have signs or symptoms of tobacco-related disease, there is no coinsurance, copayment, or deductible for the Medicare-covered smoking and tobacco use cessation preventive benefits.

If you use tobacco and have been diagnosed with a tobacco-related disease or are taking medicine that may be affected by tobacco, you will pay the applicable inpatient or outpatient cost-sharing.

Nondiscrimination notice

We follow federal civil rights laws. We do not discriminate based on race, color, national origin, age, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

If you need any of the above, call Customer Service at:

877-299-9062 (TDD/TTY 711)

If you think we did not offer these services or discriminated, you can file a written complaint. Please mail or fax it to:

Moda Partners, Inc.
Attention: Appeal Unit
601 SW Second Ave.
Portland, OR 97204
Fax: 503-412-4003

If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health and Human Services
200 Independence Ave. SW, Room 509F
HHH Building, Washington, DC 20201
800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.

Dave Nesseler-Cass coordinates our nondiscrimination work:

Dave Nesseler-Cass,
Chief Compliance Officer
601 SW Second Ave.
Portland, OR 97204
855-232-9111
compliance@modahealth.com

Moda Health Plan, Inc. is a PPO and PDP with a Medicare contract.

CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-877-605-3229 (TTY:711)

注意：如果您說中文，可得到免費語言幫助服務。請致電1-877-605-3229（聾啞人專用：711）

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 1-877-605-3229 (TTY: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711)

تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم 1-877-605-3229 (الهاتف النصي: 711)

توجہ دیں: اگر آپ اردو (URDU) بولتے ہیں تو لسانی اعانت آپ کے لیے بلا معاوضہ دستیاب ہے۔ 1-877-605-3229 (TTY: 711) پر کال کریں

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 1-877-605-3229 (текстовый телефон: 711).

ATTENTION : si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 1-877-605-3229 (TTY : 711)

توجه: در صورتی که به فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما موجود است. با تماس بگیرید. 1-877-605-3229 (TTY: 711)

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपको भाषाई सहायता बिना कोई पैसा दिए उपलब्ध है। 1-877-605-3229 पर कॉल करें (TTY: 711)

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistenzdienste zur Verfügung. Rufen sie 1-877-605-3229 (TTY: 711)

注意：日本語をご希望の方には、日本語サービスを無料で提供しております。1-877-605-3229（TYY、テレタイプライターをご利用の方は711）までお電話ください。

modahealth.com

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ໂປດຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ການຊ່ວຍເຫຼືອດ້ານພາສາແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສັຍຄ່າ. ໂທ 1-877-605-3229 (TTY: 711)

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 1-877-605-3229 (TTY: 711)

ATENȚIE: Dacă vorbiți limba română, vă punem la dispoziție serviciul de asistență lingvistică în mod gratuit. Sunați la 1-877-605-3229 (TTY 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 1-877-605-3229 (TTY: 711)

ត្រូវចងចាំ៖ បើអ្នកនិយាយភាសាខ្មែរ ហើយត្រូវការសេវាកម្មជំនួយផ្នែកភាសាដោយឥតគិតថ្លៃ គឺមានផ្តល់ជូនលោកអ្នក។ សូមទូរស័ព្ទទៅកាន់លេខ 1-877-605-3229 (TTY: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 1-877-605-3229 (TTY:711) tiin bilbilaa.

โปรดทราบ: หากคุณพูดภาษาไทย คุณสามารถใช้บริการช่วยเหลือด้านภาษาได้ฟรี โทร 1-877-605-3229 (TTY: 711)

FA'AUTAGIA: Afai e te tautala i le gagana Samoa, o loo avanoa fesoasoani tau gagana mo oe e le totogia. Vala'au i le 1-877-605-3229 (TTY: 711)

IPANGAG: Nu agsasaoka iti Ilocano, sidadaan ti tulong iti lengguahe para kenka nga awan bayadna. Umawag iti 1-877-605-3229 (TTY: 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 1-877-605-3229 (obsługa TTY: 711)

moda HEALTH

Individual & family

Medicare

Small group

Large group

Questions? *We're here to help.*

Contact a Moda Health agent or call us at 877-299-9062 (TTY users, please call 711). Our customer service team is available from 7 a.m. to 8 p.m., Pacific Time, seven days a week from Oct. 1 to March 31. After March 31, your call will be handled by our automated phone systems on weekends and holidays.

Important plan information

601 S.W. Second Ave.
Portland, OR 97204-3154

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