

# Get even *more*

If you become a Moda Health Medicare Advantage member, you have the option to add optional supplemental benefits to your plan with **Moda Health Extra Care**.

For an additional \$5 monthly premium, you can have routine chiropractic services, acupuncture and naturopathic services. We will pay 50 percent of services up to a combined \$500 maximum annually.

## Here's how it works

Optional benefit	Premium	Coinsurance
Routine chiropractic services		50% of the cost of the services
Acupuncture		50% of the cost of the services
Naturopathic services		50% of the cost of the services
<b>Combined annual maximum for all services</b>	<b>\$5 per month</b>	<b>\$500 annual benefit</b>

You will have to pay an additional monthly premium of \$5 per month along with your Part B premium and the Moda Health Medicare Advantage plan premium. The premium payment does not apply to your medical out-of-pocket maximum.

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Customer Service is available from 7 a.m. to 8 p.m., seven days a week from October 1 through March 31 with the exceptions of Christmas Day and Thanksgiving Day (after March 31 your call will be handled by our automated phone system Saturdays, Sundays and holidays). Calls received after hours are forwarded to voicemail and returned the next business day.

## Medicare Advantage optional benefits

### When can you enroll in Extra Care?

You may enroll in Moda Health Extra Care:

- When you initially enroll into a Moda Health Medicare Advantage Plan
- Up to 90 days after your enrollment effective date
- During the annual plan election period – Oct. 15 – Dec. 7 every year
- During the Medicare Advantage Open Enrollment Period – Jan. 1 - Mar. 31 every year

You may disenroll from Moda Health Extra Care any time or at the time you disenroll from your Moda Health Medicare Advantage plan.

### Give yourself a little extra.

If you would like to enroll, call Moda Health Customer Service at 877-299-9062.  
TTY users, dial 711.