

2023 Moda Health Medicare Advantage Enrollment kit

Portland Metro

*Clackamas, Multnomah
and Washington counties*





Get more out of Medicare

Moda Health is here to help you be *your* best. Together, we will find a Medicare Advantage plan that works for you – a plan that will inspire you to actively participate in your health and maximize your insurance dollars.

Let’s explore your Medicare Advantage plan options...



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Quality, choice and access

Enjoy choosing from a large network of quality healthcare providers and hospital systems. You'll have access to over 10,000 doctors and specialists in Oregon. Your Moda Health Medicare Advantage plan also comes with access to our expert health coaches and caring customer service. We are a dedicated team, here to support you.

Our plans

We have preferred provider organization (PPO) plans with and without pharmacy benefits. If you choose a plan with pharmacy coverage, you won't have a copay for vaccines! All of our PPO plans include:

- \$0 medical deductible
- Both in-network and out-of-network care; in-network care saves you money
- Specialist care without referrals

Added benefits

When you choose a Moda Health Medicare Advantage plan, you also receive additional benefits. Among these benefits are gym membership and wellness resources.



Nurse line

Need quick advice? The friendly nurses on our Registered Nurse Advice Line are available 24 hours a day.

Call for guidance on:

- Basic health conditions and symptoms
- Treatment for minor injuries and burns
- Home cold and flu remedies
- When to visit your doctor



Text a doctor

Enjoy fast and private access to a dedicated doctor in under a minute -- at no cost to you. With the CirrusMD app, all you need is internet access to:

- Connect with a doctor via text, 24/7, without appointments or time limits
- Ask urgent or general health questions
- Message, share photos or video chat
- Get peace of mind, even at 2 a.m.
- Come back to conversations or follow up as often as you'd like



Vision

Get a routine vision exam and eyewear through the VSP Advantage Elements plan, and in-network coverage through VSP's Advantage provider network. All routine vision exams and eyewear claims are administered by VSP. You can learn more about VSP at vsp.com. If you have questions, please call VSP at 844-693-8863, TTY: 800-428-4833.



Dental

Two no-cost preventive visits through the Delta Dental of Oregon Medicare Advantage network with a total maximum benefit of \$750 for the Moda Health PPO plan, \$1000 for the Moda Health Metro PPORX plan, or \$500 for the Moda Health + Fred Meyer PPORX plan for all routine preventive and comprehensive dental services.



Hearing

Receive a routine hearing aid exam and hearing aid coverage through TruHearing. Hearing aids are costly. This benefit makes them much more affordable. You can learn more at truhearing.com.



Pharmacy mail order

Did you know that you can obtain up to a 90-day supply of non-specialty medication at your local pharmacy or through our mail order program? When you get a 90 days supply your copay will now be for two and a half months instead of for three, saving you money. Call Pharmacy Customer Service at 888-786-7509 for more information (TTY users, call 711).



Gym Membership

Enjoy gym membership and wellness resources from Silver&Fit®. This benefit includes:

- Access to a fitness center or YMCA
- Group classes designed for older adults, where offered without an additional fee
- The option to work out at home with a fitness kit (limit one per year)
- Healthy aging classes that you can take online or by mail
- A fitness tracker

Your fitness center must be participating in Silver&Fit for this benefit to apply. You can learn more at silverandfit.com. If you have questions, please call 877-427-4788.

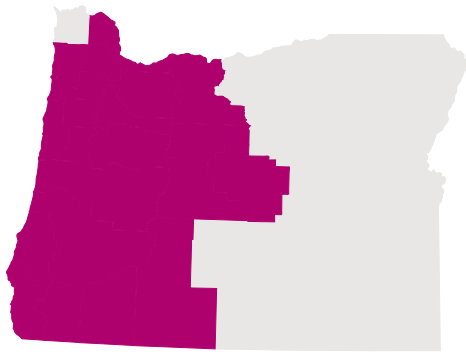


Alternative care

Enjoy up to \$500 every year for alternative care services, including routine chiropractic services, acupuncture, and naturopathic services.

Find the right Medicare plan for *you*

Part of being *your* best is finding a Medicare Advantage plan that is right for you. We offer three PPO plans for you to choose from.

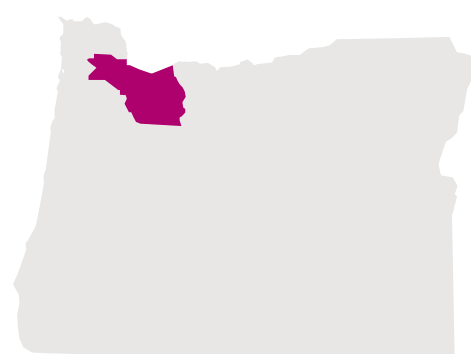


Moda Health PPO H3813-001

- \$0 medical deductible
- No prescription drug benefit
- You can get both in-network and out-of-network care; in-network care saves you money
- No referral needed for specialist care

Moda Health PPO (001) is available in Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington and Yamhill counties in Oregon.

See page 8 for plan details.



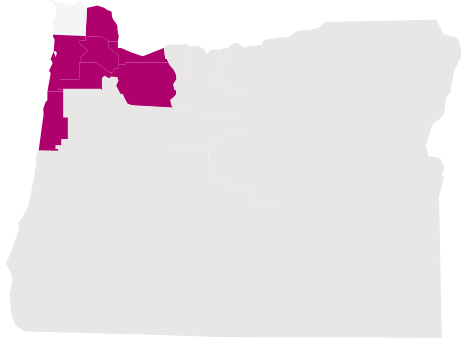
Moda Health Metro PPORX (PPO) H3813-013

- Includes a prescription drug benefit
- \$0 medical deductible
- You can get both in-network and out-of-network care; in-network care saves you money
- No referral needed for specialist care

Moda Health Metro PPORX (PPO) is available in Clackamas, Multnomah and Washington counties in Oregon.

See page 9 for plan details.

Compare plan options
on the following pages...



Moda Health + Fred Meyer PPORX (PPO) H3813-016

- Includes a prescription drug benefit
- \$0 medical deductible
- You can get both in-network and out-of-network care; in-network care saves you money
- No referral needed for specialist care

Moda Health + Fred Meyer PPORX (PPO) is available in Clackamas, Columbia, Lincoln, Multnomah, Tillamook, Washington, and Yamhill counties in Oregon.

See page 9 for plan details.



Medical benefits

Plans may offer supplement benefits in addition to Part C benefits and Part D benefits.

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon	
	In-network	Out-of-network
Monthly plan premium	\$0 <i>This plan does not cover Part D prescription drugs.</i>	
Deductibles	\$0	
Maximum out-of-pocket responsibility	\$4,500	
Inpatient hospital coverage <i>(Authorization rules may apply)</i>	\$325	\$425 Copay per day for days 1-5
Outpatient hospital coverage (Observation) <i>(Authorization rules may apply)</i>	\$225	\$325
Ambulatory surgical center <i>(Authorization rules may apply)</i>	\$225	\$325
Outpatient surgery <i>(Authorization rules may apply)</i>	\$225	\$325
Doctor visits Primary care provider (PCP)	\$0	\$20
Specialists	\$35	\$35
Preventative care	\$0	30%
Emergency care	\$90	
Urgently needed services	\$35	

Moda Health Metro PPORX (PPO) H3813-013 Clackamas, Multnomah, and Washington counties in Oregon		Moda Health + Fred Meyer PPORX (PPO) H3813-016 Clackamas, Columbia, Lincoln, Multnomah, Tillamook, Washington, and Yamhill counties in Oregon	
In-network	Out-of-network	In-network	Out-of-network
	\$88		\$39
	\$0		\$0
\$5,090	\$8,500 Combined in and out of network	\$6,920	\$10,950 Combined in and out of network
\$325 copay per day for days 1-6	40%	\$395 copay per day for days 1-4	50%
\$325	40%	\$395	50%
\$325	40%	\$395	50%
\$325	40%	\$395	50%
\$0	40%	\$0	50%
\$30	40%	\$40	50%
\$0	40%	\$0	50%
	\$95		\$95
	\$30		\$40

Medical benefits (continued)

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington and Yamhill counties in Oregon	
	In-network	Out-of-network
Diagnostic services/labs/imaging <i>(Authorization rules may apply)</i>		
Diagnostic radiology services (e.g. MRIs, CT scans)	20%	30%
Lab services	20%	30%
Outpatient x-rays	20%	30%
Hearing services		
Exam to diagnose and treat hearing and balance issues	\$35	\$35
Routine hearing exam for hearing aids	\$0	Not covered
Hearing aids (Copay per each aid)	\$699 - \$999	Not covered
Dental services		
Medicare-covered (Authorization rules may apply)	\$35	\$35
Preventive and comprehensive dental (Total allowance amount is combined for in and out of network services)	\$0 preventive 20% comprehensive \$750 allowance	50% up to \$750 allowance
Vision services		
Medical vision services (Medicare-covered)	\$0	\$35 eye exam 30% eyewear
Routine vision services (Annual exam every year & glasses every 2 years)	\$0	50%

Moda Health Metro PPORX (PPO) H3813-013 Clackamas, Multnomah, and Washington counties in Oregon		Moda Health + Fred Meyer PPORX (PPO) H3813-016 Clackamas, Columbia, Lincoln, Multnomah, Tillamook, Washington, and Yamhill counties in Oregon	
In-network	Out-of-network	In-network	Out-of-network
20%	40%	20%	50%
\$5	40%	\$10	50%
\$10	40%	\$15	50%
\$30	40%	\$40	50%
\$0	Not covered	\$0	Not covered
\$599-\$899	Not covered	\$699 - \$999	Not covered
\$30	40%	\$40	50%
\$0 preventive 20% comprehensive \$1000 allowance	50% up to \$1000 allowance	\$0 preventive 20% comprehensive \$500 allowance	50% up to \$500 allowance
\$30	40%	\$40	50%
\$0	50%	\$0	50%

Medical benefits (continued)

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon	
	In-network	Out-of-network
Alternative Care		
Acupuncture for chronic low back pain <i>(Medicare-covered)</i>	\$0 (by a PCP) \$35 (by Specialist)	
Chiropractic services <i>(Medicare-covered manipulation of the spine to correct a vertebral subluxation)</i>	\$20	\$20
Other Alternative Care <i>(Embedded Supplemental benefit includes Chiropractic, Acupuncture, and Naturopathic Services up to a combined \$500 allowance)</i>	50%	50%
	\$500 allowance	
Additional services		
Mental health services	\$35	\$35
Skilled nursing facility (SNF) <i>(Copay per day 21-100)</i> <i>(Authorization rules may apply)</i>	\$160	\$160
Physical therapy	\$35	\$35
Ambulance <i>(Authorization rules may apply)</i>	\$225	
Transportation	Not covered	
Medicare Part B Drugs <i>(Authorization rules may apply)</i>	20%	30%
Durable medical equipment <i>(Authorization rules may apply)</i>	20%	30%
Diabetes monitoring supplies <i>(Authorization rules may apply)</i>	\$0 - 20%	30%

Moda Health Metro PPORX (PPO) H3813-013 Clackamas, Multnomah, and Washington counties in Oregon		Moda Health + Fred Meyer PPORX (PPO) H3813-016 Clackamas, Columbia, Lincoln, Multnomah, Tillamook, Washington, and Yamhill counties in Oregon	
In-network	Out-of-network	In-network	Out-of-network
\$0 (by a PCP) \$30 (by Specialist)		\$0 (by a PCP) \$40 (by Specialist)	
\$20	40%	\$20	50%
50%	50%	50%	50%
\$500 allowance		\$500 allowance	
\$30	40%	\$40	50%
\$170	40%	\$196	50%
\$30	40%	\$40	50%
\$275		\$325	
Not covered		Not covered	
20%	40%	20%	50%
20%	40%	20%	50%
\$0 - 20%	40%	\$0 - 20%	50%

Part D prescription drugs

	Moda Health PPO H3813-001 Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill counties in Oregon	Moda Health Metro PPORX (PPO) H3813-013 Clackamas, Multnomah, and Washington counties in Oregon		Moda Health + Fred Meyer PPORX (PPO) H3813-016 Clackamas, Columbia, Lincoln, Multnomah, Tillamook, Washington, and Yamhill counties in Oregon	
Deductible*	N/A	\$225 *(waived on Tier 1, Tier 2, & Tier 7)		\$285 *(waived on Tier 1, Tier 2, & Tier 7)	
Initial coverage stage	This plan does not cover Part D prescription drugs.	30-day supply	90-day supply (retail and mail order)	30-day supply	90-day supply (retail and mail order)
Tier 1 (Preferred generic)		\$4 copay	\$10 copay	\$5 copay	\$13 copay
Tier 2 (Generic)		\$10 copay	\$25 copay	\$15 copay	\$38 copay
Tier 3 (Preferred brand)		\$45 copay	\$113 copay	\$47 copay	\$118 copay
Tier 4 (Non-preferred brand)		\$100 copay	\$250 copay	\$100 copay	\$250 copay
Tier 5 (Preferred specialty)		24% of the cost	N/A	23% of the cost	N/A
Tier 6 (Specialty)		29% of the cost	N/A	28% of the cost	N/A
Tier 7 (Vaccine)		\$0	N/A	\$0	N/A

Important message about what you pay for vaccines:

Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Customer Service for more information.

Important message about what you pay for insulin:

You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.

Cost sharing changes when you enter another stage of the Part D benefit

You begin in the deductible stage when you fill your first prescription of the year. During this stage, you pay the full cost of your drugs until you have paid \$225 for the Moda Health Metro PPORX plan (waived for drugs on Tier 1, Tier 2 and Tier 7) or \$285 for the Moda Health + Fred Meyer PPORX plan (waived for drugs on Tier 1, Tier 2, and Tier 7).

Cost sharing amounts are the same when received from network retail, mail-order, and home infusion pharmacies as well as if you reside in a long-term care facility. You may get up to a 31-day supply of drugs from an out-of-network pharmacy, but you will pay more than you pay at a network pharmacy.

During the coverage gap stage, you pay 25% of the cost for generic or brand name drugs.

During the catastrophic coverage stage, you pay the greater of 5% or \$4.15 copay for generic drugs and \$10.35 copay for all other drugs.

For more information on the different stages, please access your Evidence of Coverage online at modahealth.com/medicare or contact Pharmacy Customer Service at 888-786-7509, 7 am to 8 pm Pacific Time, seven days a week from October 1 through March 31, with the exception of Thanksgiving Day and Christmas Day. (After March 31, your call will be handled by our automated phone systems Saturdays, Sundays, and holidays.)



Additional information

This information is not a complete description of benefits. Call Customer Service at 877-299-9062 for more information or visit us at modahealth.com/medicare.

If you are not a member of this plan, call toll-free 855-718-1767.

TTY users, call 711.

From October 1 to March 31, with the exception of Thanksgiving Day and Christmas Day, you can call us 7 days a week from 7:00 a.m. to 8:00 p.m. Pacific Time. (After March 31st your call will be handled by our automated phone systems Saturdays, Sundays, and holidays.)

Service area and eligibility requirements:

Moda Health Medicare Advantage plans are PPO plans with a Medicare contract. To join Moda Health Medicare Advantage plan you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

The Moda Health PPO plan service area includes the following counties in Oregon: Benton, Clackamas, Columbia, Coos, Crook, Curry, Deschutes, Douglas, Hood River, Jackson, Jefferson, Josephine, Klamath, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Tillamook, Wasco, Washington, and Yamhill.

Moda Health Metro PPORX plan (H3813-013) service area includes the following counties in Oregon: Clackamas, Multnomah, and Washington.

Moda Health + Fred Meyer PPORX plan service area includes the following counties in Oregon: Clackamas, Columbia, Lincoln, Multnomah, Tillamook, Washington, and Yamhill.

Out-of-network/non-contracted Medicare providers are under no obligation to treat Moda Health Medicare Advantage members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

How to obtain additional materials

You can search our online provider and pharmacy directory by clicking on the “Find a healthcare provider” link on our website, modahealth.com/medicare. Or, call us and we will send you a copy of the provider and pharmacy directories.

To view the drugs covered by Moda Health Medicare Advantage plans, you can find our formulary on our website at modahealth.com/medicare. Or call us and we will send you a copy of the formulary.

This document gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, visit our website at modahealth.com/medicare or call us and ask for the “Evidence of Coverage.”

If you want to know more about the coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in large print.

Moda Health Plan, Inc. is a PPO and PDP with a Medicare contract. Enrollment in Moda Health Plan, Inc. depends on contract renewal.

Low Income Subsidy premium

Moda Health Metro PPORX (PPO) H3813-013

Moda Health + Fred Meyer PPORX (PPO) H3813-016

Monthly plan premium for people who get Extra Help from Medicare to help pay for their prescription drug costs.

If you get Extra Help from Medicare to help pay for your Medicare prescription drug plan costs, your monthly plan premium will be lower than what it would be if you did not get Extra Help from Medicare. The amount of Extra Help you get will determine your total monthly plan premium as a member of our Plan.

This table shows you what your monthly plan premium will be if you get Extra Help.

Your level of extra help	Monthly Premium for Moda Health Metro PPORX (PPO) H3813-013*	Monthly Premium for Moda Health + Fred Meyer PPORX (PPO) H3813-016*
100%	\$47.00	\$0
75%	\$57.20	\$9.70
50%	\$67.50	\$19.50
25%	\$77.70	\$29.20

**This does not include any Medicare Part B premium you may have to pay.*

Moda Health Metro PPORX (PPO) and Moda Health + Fred Meyer PPORX (PPO) premiums include coverage for both medical services and prescription drug coverage.

If you aren't getting Extra Help, you can see if you qualify by calling:

- 1-800-MEDICARE (1-800-633-4227), TTY users should call 1-877-486-2048 (24 hours a day/7 days a week),
- Your State Medicaid Office, or
- The Social Security Administration at 1-800-772-1213. TTY users should call 1-800-325-0778 between 7 a.m. and 7 p.m., Monday through Friday.

If you have any questions, please call Customer Service at 888-786-7509 from 7 a.m. to 8 p.m., Pacific Time, seven days a week from Oct. 1 to March 31, with the exception of Thanksgiving day and Christmas Day. After March 31, your call will be handled by our automated phone systems Saturdays, Sundays, and holidays. TTY users, please call 711.

Moda Health Plan, Inc. is a PPO and PDP plan with Medicare contracts. Enrollment in Moda Health Plan, Inc. depends on contract renewal.

Pre-enrollment checklist

Moda Health Medicare Advantage plans

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 877-299-9062.

Understanding the benefits

- ☐ The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit modahealth.com/medicare or call 877-299-9062 to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- ☐ Review the formulary to make sure your drugs are covered.

Understanding important rules

- ☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/coinsurance may change on January 1, 2024.
- ☐ Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher copay/coinsurance for services received by non-contracted providers.



Ready to *enroll*?

Read on to find out how. And, remember, we are here to help!
Please contact us if you would like assistance.



Choose and complete the application for the plan you would like.

Application forms are enclosed.



Scan your completed application, and then fax or mail it to:

Fax: 503-224-1975

Moda Health Plan, Inc.
Attn: Medicare
Membership
Accounting
601 SW 2nd Ave
Portland, OR
97204-9748



If you would like help, we can work with you to find a Moda Health-contracted agent or broker near you.

> You can also enroll at modahealth.com/medicare.
Please keep a copy of your application for your records.

What happens after you enroll?

- 1** You will receive a letter in the mail acknowledging that you are enrolled in our plan.
 - 2** You will receive your member ID card and a welcome packet.
 - 3** You can expect to receive a welcome call from Moda Health to ensure you received and understand your plan information and benefits.
- 3** We encourage you to create an account on your personalized Member Dashboard where you will have access to your claims, additional benefits and discounts for being a member of Moda Health. You can also watch our webinar to understand your health coverage and get the most out of your 2023 benefits.



Member care resources

Tools for your *health* *journey*

All of our plans come with programs, care teams, tools and resources designed to help you manage your well-being. Using your personal Member Dashboard, you can find dentists or pharmacies, get medical advice from health professionals, work with health coaches, compare medication prices, view your explanation of benefits and more.

Once you are an active member, use these care resources to help you get well sooner and stay well longer. Simply log in to our Member Dashboard at modahealth.com/medicare to get started.



Prescription price check

See prescription medication costs and how much you would pay by medication tier at an in-network pharmacy.

This tool makes it easy. Simply log in to your Member Dashboard at modahealth.com/medicare to find medication cost estimates and generic options.



Health coaching

Need a hand with your health? Our health coaches use evidence-based practices to help you set goals and feel your best.



Healthcare Cost Estimator

You shouldn't learn the cost of care when the bill arrives. The Healthcare Cost Estimator offers you a simple way to understand:

- Procedure costs
- Cost comparisons across providers
- Your specific out-of-pocket costs

Use this tool to shop for cost-effective alternatives and make better, well-informed decisions.

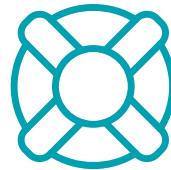


Care coordination and case management

When you're sick, need hospitalization or surgery, or are seriously injured, we'll give you support — so you can focus on healing.

We can help you:

- Understand and utilize all of your benefits
- Navigate the healthcare system
- Communicate with your providers
- Arrange care ordered by your provider
- Find community resources



Quitting tobacco

We cover two smoking or chewing tobacco counseling quit attempts within a 12-month period. Each counseling attempt includes up to four face-to-face visits.

If you use tobacco, but do not have signs or symptoms of tobacco-related disease, there is no coinsurance, copayment, or deductible for the Medicare-covered smoking and tobacco use cessation preventive benefits.

If you use tobacco and have been diagnosed with a tobacco-related disease or are taking medicine that may be affected by tobacco, you will pay the applicable inpatient or outpatient cost-sharing.



Multi-Language Insert

Multi-language Interpreter Services



English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 877-299-9062. Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 877-299-9062. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 877-299-9062。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 877-299-9062。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 877-299-9062. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 877-299-9062. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 877-299-9062 sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 877-299-9062. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 877-299-9062 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 877-299-9062. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. سيقوم شخص ما يتحدث العربية 877-299-9062 للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं। एक दुभाषिया प्राप्त करने के लिए, बस हमें 877-299-9062 पर फोन करें। कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है। यह एक मुफ्त सेवा है।

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 877-299-9062. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Português: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 877-299-9062. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 877-299-9062. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 877-299-9062. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、877-299-9062 にお電話ください。日本語を話す人 者が支援いたします。これは無料のサービスです。

Individual & family



Medicare

Small group

Large group

Questions? *We're here to help.*

Contact a Moda Health agent or call us at 877-299-9062 (TTY users, please call 711). Our customer service team is available from 7 a.m. to 8 p.m., Pacific Time, seven days a week from Oct. 1 to March 31, with the exception of Thanksgiving Day and Christmas Day. After March 31, your call will be handled by our automated phone systems on weekends and holidays.

Important plan information

601 S.W. Second Ave.
Portland, OR 97204-3154
modahealth.com/medicare

