



Weight Loss that Works.  
Wellness that Works.



From left: D360 Coaches  
Kayla and Cassidy

## GET MORE WELLNESS BENEFITS FOR LESS

**OEBB** is committed to helping you and your family reach your wellness goals—to lose weight, eat healthier, move more, and develop a more positive mindset by **covering 100% of the cost** for the **WW (ages 18+)** and **Kurbo by WW (ages 10 - 17)** programs.

### Customized plan

WW's new PersonalPoints™ Program was created with nutrition and behavior change experts to be your most individualized path to weight loss. Your plan is built to fit your body, your goals, and the foods you love—no two plans are the same!

### Always-on Coaching

Digital 360 Coaches motivate in their own unique ways and offer fresh strategies to help you find success. Access 24/7 live and on-demand Coaching—all in the WW app\*\*.

### Face-to-face accountability

Get stay-on-track guidance from WW Coaches and support from fellow members through Virtual and in-person Workshops\*.

### Award-winning app

The tools you need to succeed—right at your fingertips. The WW app has everything from food and sleep trackers to video workouts and meditations, plus 10,500-plus delicious recipes.

### Start saving on your health today!

If you are enrolled in an OEBB medical plan, sign up or learn more at [OEBB.WW.com](https://www.oebb.com)

### Already a WW member?

Sync it at no cost to you. Call OEBB WW Customer Service at 866-531-8170.

Your OEBB medical plan pays for your WW and/or Kurbo by WW program monthly until you cancel or until your eligibility for OEBB benefits terminates. Available in participating areas only.

\*\*Digital 360 membership only

\*Unlimited Workshops + Digital membership only

### **kurbo** by

Bring wellness to the whole family! (ages 10 - 17)

Kurbo empowers kids and teens to build healthy habits—for life. A research-backed program, video-based Coaching, and fun-to-use app help them eat healthier, move more, and feel great.

Have your health plan ID card ready when enrolling:

- **Kaiser Permanente:** Kaiser Permanente Member Record Number (found on your ID card)
- **Moda Health:** 9 character ID Number and the 2 digit suffix by your name (found on ID card)