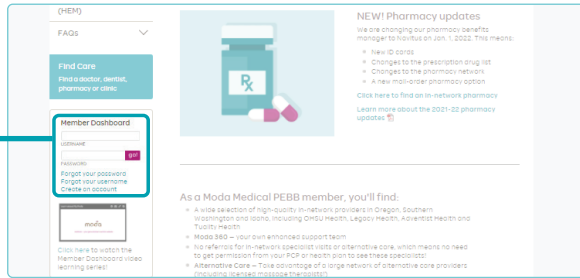


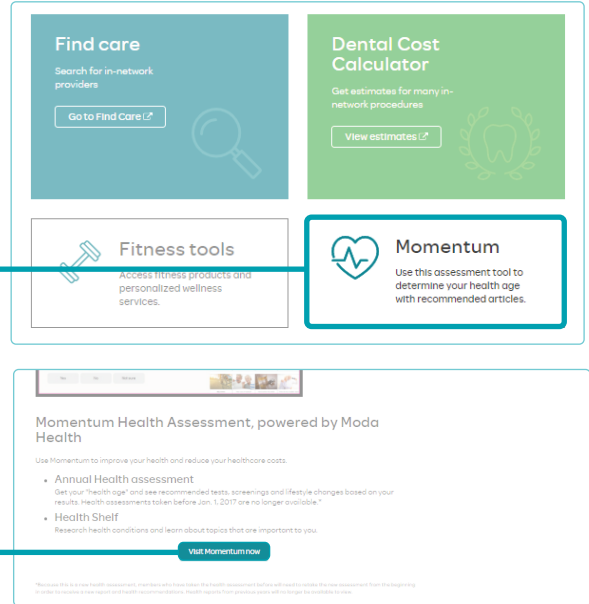
# Complete your Health Assessment with Momentum

**1** Log in to your Member Dashboard at [modahealth.com/pebb](http://modahealth.com/pebb)

*First time signing on? Click on the **create an account link**. You'll need your Moda Health member ID to complete registration.*



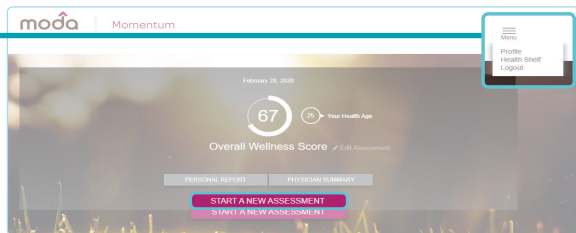
**2** From your Member Dashboard, click on the Momentum tile.



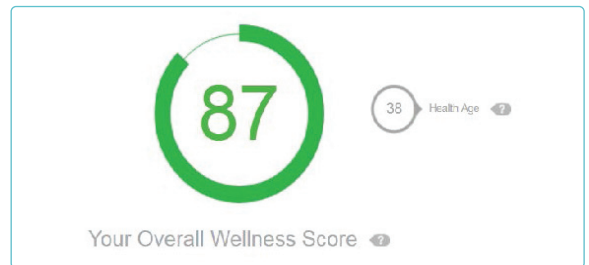
**3** Click on "Profile", then enter your email address.

*You'll need an email address on file to receive your certificate of completion.*

Click the "Start A New Assessment" button.



**4** When you finish your assessment you will receive a wellness score.



**5** You will receive an email confirming you have completed the Health Assessment.

*If you do not receive a confirmation email in your Inbox, please check your spam or junk mail folder.*

Questions? We're here to help. Call our care team toll-free at 844-776-1593 from 7:30–5:30 PST or email [momentum@modahealth.com](mailto:momentum@modahealth.com). TTY users, please call 711.

