

Choose a better experience with your *health insurance*



A DELTA DENTAL

Better value and a better experience with the flexibility you want

When you choose Moda Health and Delta Dental Plan of Oregon, you'll receive high-quality insurance, more freedom, expert guidance and curated wellness services, tools and programs.



🛆 DELTA DENTAL®

Proven

with nearly 70 years of offering insurance plans in the Pacific Northwest





Rely on your Moda 360 team, who puts you at the center with care reminders, healthcare tips, advice and guidance through the confusing and sometimes stressful parts of healthcare.



Enjoy more choices and more access, including the **CirrusMD** app, so you can connect to a doctor in under a minute, anytime, anywhere, at no cost to you.



Ճ DELTA DENTAL[™]



Experience top-of-the-line dental care from one of the largest networks of dentists in Oregon and across the country. Plus, with our Preventive First program, preventive services do not count towards your annual benefit maximum. This leaves you with more dollars for basic and major services if you need them.



Get comprehensive prescription drug coverage that reflects the most current industry standards, giving you flexibility and choice, with value, select generic, and preferred medication categories. Save with 90-day prescription mail-order and take advantage of Ardon Health, the mail-order specialty pharmacy exclusively for PEBB members with certain chronic conditions.



Choose a better experience. Enroll in medical and/or dental today at pebbbenefits.oha.oregon.gov/



Plans that put **you first**

Your personal member support team

A wide medical network, with 24/7 doctor access

Behavioral health that's right for you

NEW Starting Jan. 1, 2024, you'll have access to Spring Health, which provides mental health telehealth services for care navigation, therapy, coaching, self-guided exercises and more.

One of the largest networks of dentists

Quality prescription benefits

Make a **better choice**

Insurance can be confusing. We want to make the experience better for you by helping you understand your choices.

When selecting your plan, you want to know:



Is my provider a PCP 360 provider? Learn more on page 16.

Are my medications covered?

Look them up on the Pharmacy services page at modahealth.com/pebb/

Do I need a referral to see a specialist?

No referrals are needed for in-network specialist visits or alternative care, which means no need to get permission from your PCP or health plan to see these specialists!

My kids are attending college out-of-state, are they covered?

Yes! Moda Health insures your out-of-state dependents through Aetna PPO® through Aetna Signature Administrators[®], except for members who live in Idaho and Alaska.

OOA dependents who live in Idaho will continue to use the Synergy and First Health network.

OOA dependents who live in Alaska will continue to the First Health network.

Am I covered if I need medical assistance outside of Oregon?

Yes! Your plan includes travel network benefits.

Please see page 16 for more details.



Flexible and easy

better benefit choices, better care and a better network



With Moda Health, the world of healthcare revolves around you

Healthcare can be complicated. We're here to make it better by putting you in the center of everything we do.





Moda 360 Health Navigators can be your guide

Moda 360 Health Navigators understand the healthcare system, your benefits, and can guide you to the best care for you.



Moda 360 Health Navigators can help you with:

- Signing up for a PCP 360 for coordinated care
- Scheduling appointment support
- Connection to care programs for chronic conditions
- Integrating your dental health into your overall health plan
- Understanding claims and billing

PCP 360 providers can coordinate your care

A PCP 360 is a primary care provider who has agreed to partner with you and be accountable for your health. They deliver full-circle care.



Choosing a PCP 360 provider means you will receive:

- Coordination with other providers, as needed
- 24/7 medical advice by phone
- No referrals needed for specialists or alternative care
- Hospital coordination, if needed
- Wellness support and health education

To see if your provider is a PCP 360, head to modahealth.com/pcp360 360 and look for the PCP 360 badge

spring health

Prioritize your mental health with Spring Health.

Life is easier with the right

support. Whatever you're experiencing, there's no need to carry it alone. You now have Spring Health, a mental health benefit available through Moda Health.

Fast access to therapy

Therapy sessions fit into your schedule – not the other way around. You can schedule your first appointment in less than two days, and on evenings or weekends.

Personalized care plans

Get a flexible, dynamic care plan designed for your immediate needs and long-term goals.

Dedicated support

Your Care Navigator – can help you find the right therapist, schedule appointments, and guide your care.



Ineed a mental health provider. I can help you find one

Diverse proviers

Find the therapist you want, who understands your lived experience. Search by specialty, gender, ethnicity, language, and more.

Wellness exercises

On-demand access to a library of self-guided exercises to improve your mental wellbeing.

Mediation management

If your care includes medications, our clinicians can prescribe and help you manage them.

Contact Spring Health careteam@springhealth.com or call 1-855-629-0554 Monday - Friday, 8:00am - 11:00pm ET

Unleash the power of your Member Dashboard

Your Member Dashboard is a new personalized digital experience that puts the power of our health at your fingertips. Easy to use and accessible from anywhere, log in to connect to care and support that's tailored to your specific health needs.

Innovative

with modern ways to stay healthy, like texting a doctor and virtual appointments



The power of your health at your fingertips

Personalized just for you, your *Member Dashboard* has everything you need to manage your health, wherever you may be. Check your Care Reminders, chat with a Health Navigator, join Moda 360 programs matched just for you, and so much more. Log in often to stay your healthy best.

Additional solutions for better health

Your Member Dashboard also includes other tools and resources to help you stay your healthy best.



Personal Care Reminders

Care Reminders are designed just for you and your health benefits. Log in to your dashboard to see important notifications for preventive care, vaccines and much more.



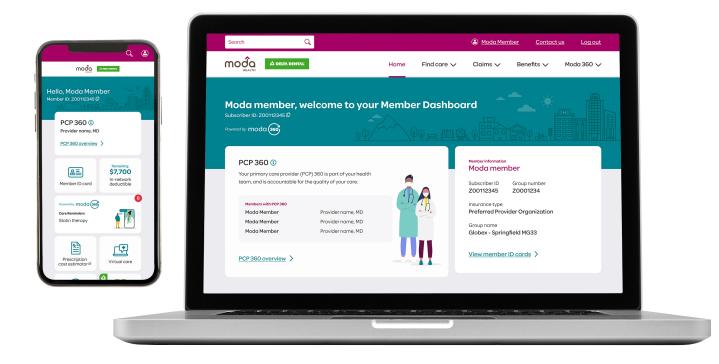
Health Navigators

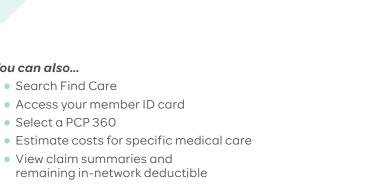
Chat live with an expert Moda 360 Health Navigator for help choosing your PCP 360, scheduling appointments and much more. They can connect you with the right care, resources and programs.



Moda 360 programs

Engage with Moda 360 programs matched to your personal health needs. Your dashboard shows you programs that are right for you, today. As your needs change, so will the recommended programs in your dashboard.





• Estimate prescription costs

remaining in-network deductible

• View claim summaries and

• Access your member ID card

• And so much more

You can also...

• Search Find Care

• Select a PCP 360



Text a doctor, 24/7, and get private access to care in under a minute with **CirrusMD**, a nationwide telehealth option.

Livongo is a simplified diabetes management program that



empowers

individuals to

manage their

chronic conditions

with ease and

convenience.

Access additional tools and resources at ModaHealth.com/MemberDashboard



Log in to your Member Dashboard at ModaHealth.com/MemberDashboard



Access a fun and engaging digital wellness platform with your Health Risk Assessment. Then improve your health with challenges, wellness goals and social streams.

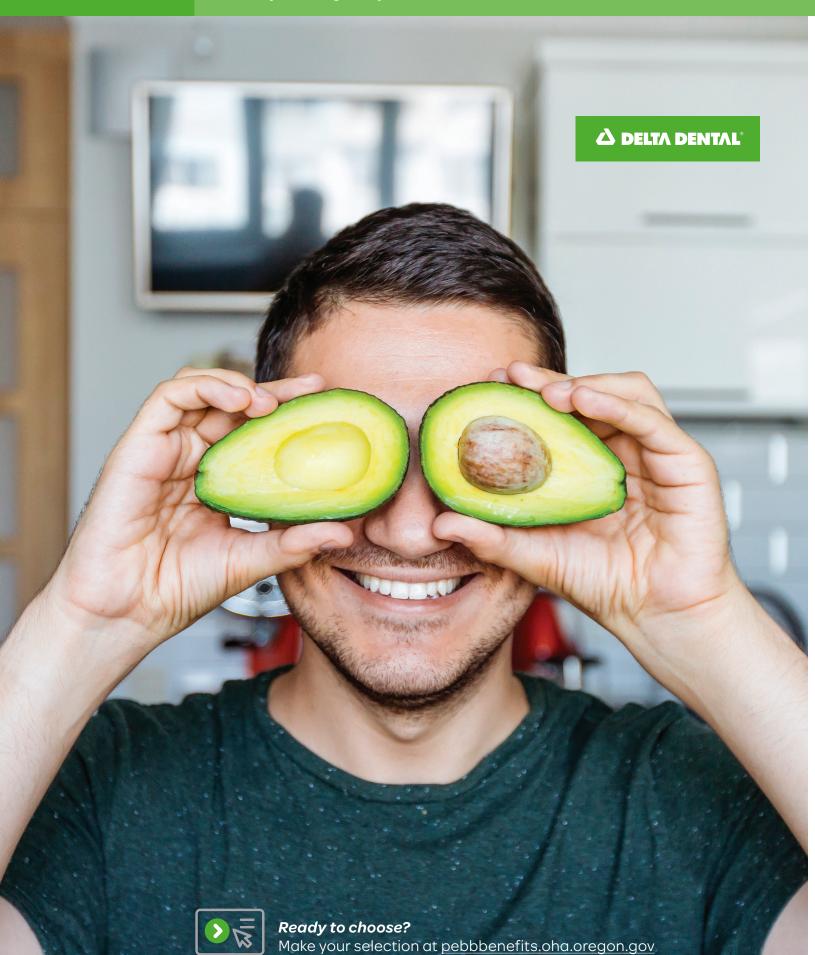


Spring Health provides mental

health telehealth services for care navigation, therapy, coaching, self-guided exercises and more.



Sword is a virtual physical care program for back, joint and muscle pain that you can do from the comfort of home, or on the go.



Quality coverage *for your smile*

When you need dental insurance, we've got you covered

Our dental plans give you access to Delta Dental, one of the nation's largest dental networks. That means you can choose from thousands of dentists across the state and the country (see the full network on page 17).

Plus, our *Health through Oral Wellness*[®] program offers additional benefits if you have a greater risk for oral diseases. Qualifying members have access to extra benefits and related care that include additional cleanings, fluoride treatments, sealants, periodontal maintenance and more.





Savings from in-network dentists

Cleanings twice per calendar year

Our dental plans also include useful online tools. resources and special programs for those of you who may need extra attention for your pearly whites.







Superior customer service

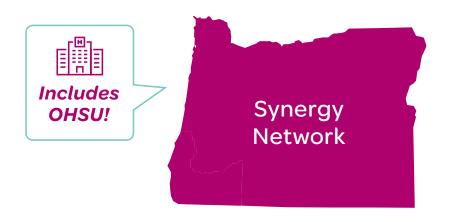


Freedom to choose a dentist

Review your dental plan options on page 23

A network that **connects you to care**

For your medical care needs, we've carefully selected a community of primary care providers (PCP 360s), specialists and partner health systems, so you'll have better value and better care.



Getting care outside the network. If you live outside the Synergy Network service area or want peace of mind when traveling, our national network, the Aetna PPO Network, has you covered. Out-of-area dependents (i.e., college students) who live outside of the service area will also use the Aetna PPO Network to receive the in-network benefit level, except for those living in Idaho or Alaska. If they live in Idaho, the will have access to both the Synergy Network and the First Health Network. Those living in Alaska will use the First Health Network

Here are some of our larger in-network hospital partners:





Delta Dental networks go where you go

With thousands of dentists across the state and country, In-network dentists agree to accept our contracted fees as full payment, saving you out-of-pocket costs.



Delta Dental **PPO™** Network

Potential savings in-network

= \$\$\$

Choose from a large selection of dentists







See if your dentist is in network at modahealth.com/pebb click on Find Care > select your dental network

2024 Full time Medical plan benefit table

	In-network you pay	Out-of-network you pay	
Plan-year costs			
Deductible per person ¹	\$250	\$500	
Deductible per family ¹	\$750	\$1,500	
Dut-of-pocket max per person	\$1,500	\$4,000	
Dut-of-pocket max per family	\$4,500	\$12,000	
Maximum cost share (per person), includes medical & pharmacy	\$6,850	N/A	
Maximum cost share (per family), includes medical & pharmacy	\$13,700	N/A	
Preventive care			
Periodic health exams, well-baby care, routine women's exams, mmunizations & hearing screenings	0%	30% after deductible	
Prostate screening exam & colorectal cancer screenings (sigmoidoscopy, colonoscopy)	0%	30% after deductible	
Professional services			
Primary care (PCP 360) ^{2,3} & specialist office visits	\$10/visit after deductible	30% after deductible	
Chronic condition office visits	0%	30% after deductible	
npatient physician services (including surgery and anesthesia)	0%	30% after deductible	
Dutpatient physician services (including surgery and anesthesia)	\$10/service after deductible	30% after deductible	
Allergy shots, serums & injectable medications	\$10/service after deductible	30% after deductible	
ACT 100: Bunionectomy, hammertoe surgery, Morton's neuroma, spinal injections for pain & upper Gl endoscopy	\$100 ⁴ after deductible	\$100, then 30% ⁴ after deductibl	
ACT 500: Knee arthroscopy, knee/hip replacement & resurfacing, shoulder arthroscopy, sinus surgery, spine procedures, bariatric surgery ⁵	\$500 ⁴ after deductible	\$500, then 30% ⁴ after deductib	
Mental health	\$10	30% after deductible	
Chemical dependency treatment	0%	30% after deductible	
/irtual Care (CirrusMD telehealth)	0%	N/A	
Alternative care services			
Acupuncture/chiropractic/naturopathic visits ¹¹	\$10 after deductible	30% ⁶ after deductible	
Massage therapy ¹¹	\$10/visit ^{4,9} after deductible	30% ¹⁰	
Maternity care services			
Physician or midwife services	0%	40% after deductible	
Hospital stay	\$50 per day, up to \$250 per admission after deductible	40% after deductible + \$500 cop	
Hospital services			
npatient care, observation care, rehabilitative care 30 days per calendar year; 60 days head or spinal cord njuries), skilled nursing facility (180 days per calendar year)	\$50 per day, up to \$250 per admission after deductible	40% after deductible + \$500 cop	
Bariatric surgery	\$50 per day, up to \$250 per admission after deductible	Not covered	
Emergency care			
Jrgent care visit	\$25/visit after deductible	\$25/visit after deductible	
Emergency room (copay waived if admitted)	\$150/visit ⁴ after deductible	\$150/visit ⁴ after deductible	
Ambulance	\$75/trip after deductible	\$75/trip after deductible	
Other covered services			
Dutpatient diagnostic lab & X-ray	0%	30% after deductible	
maging services ⁷ (such as PET, CT, MRI)	\$100 ⁴ after deductible	\$100, then 30%⁴ after deductibl	
Dutpatient rehabilitative services (60 sessions per calendar year)	\$10/visit after deductible	30% after deductible	
Dutpatient surgery	\$10/service after deductible	40% after deductible + \$100 cop	
Dialysis, infusion, chemotherapy & radiation therapy	\$10/service after deductible 30% after deductible \$		
Durable medical equipment & supplies	15% after deductible	30% after deductible	

- 1 Additional deductible: \$100/individual, \$300/ family applies for non-HEM participant.
- 2 Deductible waived on first 4 PCP visits in-plan, per calendar year.
- 3 To receive in-network benefits, members must see their chosen PCP 360.
- 4 Copayment does not apply to out-of-pocket maximums.
- 5 No benefit for out-of-network bariatric surgery.
- 6 Coinsurance does not apply to out-of-pocket maximums.
- 7 Copayments do not apply to services related to cancer diagnosis and treatment.
- 8 Copayment does not apply to the out-of-pocket max or deductible but does apply to the max cost share.
- Copay applies when members sees an in-network licensed massage therapist.
- 10 Members may be subject to balance billing; the difference between the maximum plan allowance and billed charges.
- 11 Spinal manipulations are limited to 20 visits per plan year. Acupuncture is limited to 12 visits per plan year. Massage Therapy is limited to \$1,000 per plan year.

For limitations and exclusions, visit modahealth.com/pebb and refer to your Member Handbook.



2024 Part time Medical plan benefit table

	Synergy plan		
	In-network you pay	Out-of-network you pay	
Plan-year costs			
Deductible per person ¹	\$500	\$1,000	
Deductible per family ¹	\$1,500	\$3,000	
Dut-of-pocket max per person	\$2,500	\$6,000	
Dut-of-pocket max per family	\$7,500	\$18,000	
1aximum cost share (per person), includes medical & pharmacy	\$6,850	N/A	
1aximum cost share (per family), includes medical & pharmacy	\$13,700	N/A	
Preventive care			
Periodic health exams, well-baby care, routine women's exams, mmunizations & hearing screenings	0%	50% after deductible	
Prostate screening exam & colorectal cancer screenings (sigmoidoscopy, colonoscopy)	0%	50% after deductible	
Professional services			
Primary care (PCP 360) ^{2,3} & specialist office visits	\$40/visit after deductible	50% after deductible	
Chronic condition office visits	0%	50% after deductible	
npatient physician services (including surgery & anesthesia)	\$40/visit after deductible	50% after deductible	
Ilergy shots, serums & injectable medications	\$15/service after deductible	50% after deductible	
ACT 100: Bunionectomy, hammertoe surgery, Morton's neuroma, spinal injections for pain & upper GI endoscopy	\$100 ⁴ after deductible	\$100, then 50% ⁴ after deductible	
ACT 500: Knee arthroscopy, knee/hip replacement & resurfacing, houlder arthroscopy, sinus surgery, spine procedures, bariatric surgery ⁵	\$500 ⁴ after deductible	\$500, then 50% ⁴ after deductible	
1ental health	\$40/visit	50% after deductible	
Chemical dependency treatment	0%	50% after deductible	
/irtual Care (CirrusMD telehealth)	0%	N/A	
Alternative care services			
Acupuncture/chiropractic/naturopathic visits11	\$40/visit ⁴ after deductible	50% ⁶ after deductible	
Massage therapy ¹¹	\$40/visit ^{4,9} after deductible	50% ¹⁰	
Maternity care services			
Physician or midwife services	0%	50% after deductible	
Hospital stay	\$500 per admission after deductible	50% after deductible + \$500 copa	
Hospital services			
npatient care, observation care, rehabilitative care 30 days per calendar year; 60 days head or spinal cord njuries), skilled nursina facility (180 days per calendar year)	\$500 per admission after deductible	50% after deductible + \$500 copa	
Bariatric surgery	\$500 per admission after deductible	Not covered	
Emergency care			
Jrgent care visit	\$30/visit after deductible	\$30/visit after deductible	
Emergency room (copay waived if admitted)	\$150/visit after deductible	\$150/visit ⁴ after deductible	
	\$75/trip after deductible	\$75/trip after deductible	
Other covered services			
Dutpatient diagnostic lab & X-ray	Quest – \$0 Other providera 20% after deductible	50% after deductible	
maging services ⁷ (such as PET, CT, MRI)	Other providers – 20% after deductible \$100, then 20% ⁴ after deductible	\$100, then 50% ⁴ after deductible	
Dutpatient rehabilitative services (60 sessions per calendar year)	\$100, then 20% after deductible \$40/visit after deductible ⁸	50% after deductible	
Dutpatient surgery	\$40/service after deductible ⁸	50% after deductible + \$100 copa	
Jiglysis influsion chemotherapy & radiation therapy			
Dialysis, infusion, chemotherapy & radiation therapy Durable medical equipment & supplies	\$40/service after deductible ⁸	50% after deductible	

2024 Full time Pharmacy plan benefit table

		Pharmacy plan			
	Retail	Mail order & preferred retail	Specialty ¹		
Plan-year costs					
Deductible per person		\$50			
Deductible per family		\$150			
Out-of-pocket max per person		\$1,000			
Out-of-pocket max per family		\$3,000			
Prescription medications	For a 30-day supply², you pay	For a 90-day supply², you pay	For a 30-day supply², you pay		
Value tier	\$0	\$0	N/A		
Generic tier	\$10 after deductible	\$25 after deductible	\$10 after deductible		
Brand tier	\$30 after deductible	\$75 after deductible	\$100 after deductible		

When allowed, the copay for a specialty pharmacy 90-day supply is 2.5 times the copay for a 30-day supply. When out of network, member pays any difference between the in-network rate and the billed amount.

2023 Part time Pharmacy plan benefit table

	Pharmacy plan			
	Retail	Mail order & preferred retail	Specialty	
Plan-year costs				
Deductible per person	\$50			
Deductible per family	\$150			
Out-of-pocket max per person	\$1,000			
Out-of-pocket max per family	\$3,000			
Prescription medications	For a 30-day supply ¹ , you pay	For a 90-day supply ¹ , you pay	For a 30-day supply ¹ , you pay	
Value tier	\$0	\$O	N/A	
Generic tier	\$20 after deductible	\$50 after deductible	\$20 after deductible	
Brand tier	\$50 after deductible	\$125 after deductible \$100 after deductibl		

When out of network, member pays any difference between the in-network rate and the billed amount.

Your pharmacy network name is the ArrayRx core network. Go to Find Care to search for in-network pharmacies near you. Under Search by network, choose the ArrayRx core network. Continue to the Navitus website to start your search.

1 Additional deductible: \$100/individual, \$300/family applies for non-HEM participant.

- 2 Deductible waived on first 4 PCP visits in-plan, per calendar year.
- 3 To receive in-network benefits, members must see their chosen PCP 360. 4 Copayment does not apply to out-of-pocket maximums.
- 5 No benefit for out-of-network bariatric surgery.
- 6 Coinsurance does not apply to out-of-pocket maximums.
- 7 Copayments do not apply to services related to cancer diagnosis and treatment.
- 8 Copayment does not apply to the out-of-pocket maximums or deductible but does apply to the maximum cost share.
- 9 Copay applies when members sees an in-network licensed massage therapist.
- 10 Members may be subject to balance billing; the difference between the maximum plan allowance and billed charges.
- 11 Spinal manipulations are limited to 20 visits per plan year. Acupuncture is limited to 12 visits per plan year. Massage Therapy is limited to \$1,000 per plan year.

For limitations and exclusions, visit modahealth.com/pebb and refer to your Member Handbook.

2024 **Dental plan** benefit table

	Full-time Delta Dental PPO plan ¹		Full-time Delta Dental Premier plan ¹	Part-time Delta Dental Premierplan¹
	In-network, you pay	Out-of-network, you pay	In-network, you pay	In-network, you pay
Plan-year costs				
Deductible per person	\$5	0	\$50	\$50
Deductible per family	\$15	50	\$150	N/A
Benefit maximum	\$1,7	50	\$1,750	\$1,250
Preventive* & diagnostic services				
Exam & prophylaxis/cleanings	0% no deductible	10%	0% no deductible	0%
X-rays	0% no deductible	10%	0% no deductible	0%
Fissure sealants	0% no deductible	10%	0% no deductible	0%
Basic services				
Restorative dentistry (treatment of tooth decay with composite)		30%	20%	50%
Oral surgery (surgical extractions & certain minor surgical procedures)		30%	20%	50%
Endodontic (pulp therapy & root canal filling)		30%	20%	50%
Periodontics (treatment of tissues supporting the teeth)	· · · ·	30%	20%	50%
Major services				
Implants	50%	50%	50%	N/A
Crowns	50%	50%	50%	50%
Cast restorations	50%	50%	50%	50%
Dentures & bridge work (construction or repair of fixed bridges, partials & complete dentures)	50%	50%	50%	50%
Nitrous Oxide	50%	50%	50%	50%
Occlusal guards ³	100% no deductible	100% no deductible	100% no deductible	100% no deductible
Orthodontic services				
Lifetime maximum - \$1,800	50%	50%	50%	N/A

*Preventive costs will not accrue toward the plan maximum.

1 To find in-network providers, go to modahealth.com/pebb and choose Find Care.

 Benefit payments increase by 10% each plan year provided the individual has visited a Delta Dental PPO provider at least once during the previous plan year. 3 \$150 maximum, once every five years

For limitations and exclusions, visit modahealth.com/pebb and refer to your Member Handbook.

Better value with Preventive First

Regular cleanings don't count against your annual maximum benefit

Trusted with years of providing medical and dental plans to PEBB members like you



All in one

Medical, pharmacy and dental benefits by one health partner



Robust network

A wide choice of quality providers in Oregon, SW Washington and Idaho utilizing the Synergy Network

Ready to choose better health?

Questions? We're here to help!

PEBBcustomerservice@modahealth.com

Medical Health Navigator Team: 844-776-1593 Pharmacy Health Navigator Team: 844-776-1594 Dental Health Navigator Team (Members with Medical and Dental): 833-681-2117 Dental Customer Service (Members with Dental only): 844-827-7100

Experience better with Moda Health

modahealth.com/pebb

Learn more about our plans at modahealth.com/pebb

Enroll online at pebbplans.com

Nondiscrimination notice

We follow federal civil rights laws. We do not discriminate based on race, religion, color, national origin, age, disability, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

If you need any of the above, call:

Medicare Customer Service, 877-299-9062 (TDD/TTY 711)

Medicaid Customer Service, 888-788-9821 (TDD/TTY 711)

Customer Service for all other plans, 888-217-2363 (TDD/TTY 711)

If you think we did not offer these services or discriminated, you can file a written complaint. Please mail or fax it to:

Moda Partners, Inc. Attention: Appeal Unit 601 SW Second Ave. Portland, OR 97204 Fax: 503-412-4003

Scott White coordinates our nondiscrimination work:

Scott White. **Compliance Officer** 601 SW Second Ave. Portland, OR 97204 855-232-9111 compliance@modahealth.com

Dental Plan of Oregon. Dental plans in Alaska provided by Delta Dental of Alaska. Health plans provided by Moda Health Plan, Inc. Individual medical plans in Alaska provided by Moda Assurance Company.

2688-NDS-MH+DD-Generic (06/23)

If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health and Human Services 200 Independence Ave. SW, Room 509F HHH Building, Washington, DC 20201

800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.

modahealth.com

ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-877-605-3229 (TTY: 711).

CHÚ Ý: Nếu ban nói tiếng Việt, có dịch vụ hổ trợ ngôn ngữ miễn phí cho bạn. Goi 1-877-605-3229 (TTY:711)

注意:如果您說中文,可得到免費語言幫助服務。 請致電1-877-605-3229(聾啞人專用:711)

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 1-877-605-3229 (TTY: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711)

> تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم 1-877-605-3229 (الهاتف النصبي: 711)

بولتے ہیں تو ن (URDU) توجبہ دیں: اگر آپ اردو اعت آپ کے لیے بلا مع اون دستیاب ہے۔ پر کال کریں (TTY: 711) 1-877-605-3229

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 1-877-605-3229 (текстовый телефон: 711).

ATTENTION : si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 1-877-605-3229 (TTY: 711)

> توجه: در صورتی که به فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما موجود است. با TTY: 711) 1-877-605-3229) تماس بگیرید.

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपको भाषाई सहायता बिना कोई पैसा दिए उपलब्ध है। 1-877-605-3229 पर कॉल करें (TTY: 711)

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistenzdienste zur Verfügung. Rufen sie 1-877-605-3229 (TTY: 711)

注意:日本語をご希望の方には、日本語 サービスを無料で提供しております。 1-877-605-3229 (TYY、テレタイプライター をご利用の方は711)までお電話ください。

અગતયનું જો તમે (ભાષાંતર કરેલ ભાષા અહીં દશારવો) બોલો છો તો તે ભાષામાં તમારે માટે વિના મે લયે સહાય ઉપલબધ છે. 1-877-605-3229 (TTY: 711) પર કૉલ કરો

ໂປດຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ການຊ່ວຍເຫຼືອ ດ້ານພາສາແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສັຍຄ່າ. ໂທ 1-877-605-3229 (TTY: 711)

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 1-877-605-3229 (TTY: 711)

ATENȚIE: Dacă vorbiți limba română, vă punem la dispoziție serviciul de asistență lingvistică în mod gratuit. Sunați la 1-877-605-3229 (TTY 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 1-877-605-3229 (TTY: 711)

ត្រវចងចាំ៖ បើអ្នកនិយាយភាសាខ្មែរ ហើយ ត្រ័វការសេវាកម្មជំនួយផ្នែកភាសាដោយ ឥត៍គិតថ្លៃ គឺមានផ្តល់ជូនលោកអ្នក។ សូមទូរស័ព្ ទៅកាន់លេខ 1-877-605-3229 (TTY: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 1-877-605-3229 (TTY:711) tiin bilbilaa.

้ไปรดทราบ: หากคุณพูดภาษาไทย คุณ สามารถใช้บริการช่วยเหลือด้านภาษา ได้ฟรี โทร 1-877-605-3229 (TTY: 711)

FA'AUTAGIA: Afai e te tautala i le gagana Samoa, o loo avanoa fesoasoani tau gagana mo oe e le totogia. Vala'au ile1-877-605-3229 (TTY:711)

IPANGAG: Nu agsasaoka iti Ilocano, sidadaan ti tulong iti lengguahe para kenka nga awan bayadna. Umawag iti 1-877-605-3229 (TTY: 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 1-877-605-3229 (obsługa TTY: 711)





Questions?

We're here to help. Just email PEBBcustomerservice@modahealth.com or call one of our Health Navigators.

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