

# 2019 Dental plan benefit table



Delta Dental of Oregon & Alaska

Delta Dental PPO <sup>SM</sup> 1000	Ages 0 – 18		Ages 19+	
	In-network, members pay	Out-of-network, members pay	In-network, members pay	Out-of-network, members pay
<b>Calendar year costs</b>				
Deductible per person	\$0			
Out-of-pocket maximum per person (ages 0 – 18)	\$350 for one member / \$700 for two or more members			
Annual maximum plan payment limit (ages 19+)	\$1,000			
<b>Class 1</b>				
Exams and X-rays	10%	50%	0%	50%
Cleanings	10%	50%	0%	50%
Periodontal maintenance	10%	50%	0%	50%
Sealants	10%	50%	0%	50%
Topical fluoride	10%	50%	0% <sup>1</sup>	50% <sup>1</sup>
<b>Class 2</b>				
Space maintainers	50%	70%	Not covered	Not covered
Restorative fillings <sup>2</sup>	50%	70%	20%	50%
<b>Class 3</b>				
Oral Surgery <sup>3</sup>	70%	70%	50%	50%
Endodontics <sup>3</sup>	70%	70%	50%	50%
Periodontics <sup>3</sup>	70%	70%	50%	50%
Restorative crowns <sup>3</sup>	70%	70%	50%	50%
Bridges <sup>3</sup>	70%	70%	50%	50%
Partial and complete dentures <sup>3</sup>	70%	70%	50%	50%
Anesthesia <sup>3</sup>	70%	70%	50%	50%
Orthodontia <sup>4</sup>	70%	70%	Not covered	Not covered
<b>Features</b>				
Provider network	Delta Dental PPO Network		Delta Dental PPO Network	
Balance bill	Delta Dental PPO Network: No	Delta Dental Premier Network: No Nonparticipating: Yes	Delta Dental PPO Network: No	Delta Dental Premier Network: No Nonparticipating: Yes

1 For ages 19 and above, covered once in a 12-month period if there is a recent history of periodontal surgery or high risk of decay because of medial disease or chemotherapy or similar type of treatment.

2 6-month exclusion period applies for ages 19 and over. The exclusion period may be waived with documentation of 12 continuous months of prior dental coverage, with no more than a 90-day break in coverage from the end of the old policy to the effective date of the 2019 Delta Dental Policy.

3 12-month exclusion period applies for ages 19 and over. The exclusion period may be waived with documentation of 12 continuous months of prior dental coverage, with no more than a 90-day break in coverage from the end of the old policy to the effective date of the 2019 Delta Dental Policy.

4 Only medically necessary orthodontia is covered.

## Limitations

### Class 1

- Bitewing X-rays once in a 6-month period under age 19 and once in a 12-month period age 19 and over
- Exam once in a 6-month period
- Fluoride is covered once in a 6-month period under age 19
- Full-mouth or panoramic X-rays once in a 5-year period
- Prophylaxis or periodontal maintenance is covered once in any 6-month period. Additional periodontal maintenance is covered for members with periodontal disease, up to a total of two additional periodontal maintenances per year
- Sealants limited to unrestored occlusal surface of permanent molars once per tooth in a 3-year period under age 19 and once in a 5-year period age 19 and over

### Class 2 and Class 3

- Athletic mouth guards are covered once in any 12-month period for members age 15 and under and once in any 2-year period age 16 and over
- Bridges and dentures once in a 5-year period under age 19 and once in a 7-year period age 19 and over
- Crowns and other cast restorations once in a 5-year period under age 19 and once in a 7-year period age 19 and over
- IV sedation or general anesthesia only when in conjunction with a covered surgical procedure performed in a dental office or when necessary due to concurrent medical conditions
- Medically necessary orthodontia covered only for dependent children under age 19
- Occlusal guard (nightguard) covered once per year at 100 percent between ages 13 and 19 and once every 5 years at 100 percent, up to a \$150 maximum, for members age 19 and over.
- Scaling and root planing once per quadrant in a 2-year period

## Exclusions

- Anesthetics, analgesics, hypnosis and medications, including nitrous oxide except for IV sedation or general anesthesia with surgical procedures
- Charges above the reimbursement amount
- Charting (including periodontal, gnathologic)
- Congenital or developmental malformations for age 19 and over
- Cosmetic services
- Duplication and interpretation of X-rays (exception for under age 19, only the interpretation of a diagnostic image by a professional not associated with the capture of the image is covered)
- Experimental or investigational procedures
- Hospital costs or other fees for facility or home care
- Implants (except when dentally necessary for members under age 19)
- Instructions or training (including plaque control and oral hygiene or dietary instruction)
- Over-the-counter athletic mouth guards and occlusal guards
- Precision attachments
- Rebuilding or maintaining chewing surfaces (misalignment or malocclusion) or stabilizing teeth
- Services or supplies available under any city, county, state or federal law, except Medicaid
- Treatment not dentally necessary
- Treatment of any disturbance of the temporomandibular joint (TMJ)

*These benefits and Delta Dental of Alaska policies are subject to change in order to be compliant with state and federal guidelines. This document provides summaries of various dental plans and is not a contract. If there is any discrepancy between the summaries and the contract, it is the contract that will control.*