

› Case management

We'll work out the details, so you can focus on getting healthy.

Need a hand getting through a serious illness or injury? We're here to help. Our case managers can work with you and your family, caregivers and providers to keep you on the path to recovery.

How case managers support your recovery

- › Help you understand and get the most from your benefits
- › Assist in finding providers in your network
- › Talk with you, your providers and caregivers to support your goals as you recover
- › Make sure you have everything you need after being discharged from the hospital
- › Connect you with resources in your community
- › Help you learn to take care of yourself
- › Refer you to other Moda Health resources

It's easy to ask for help

Want to get started with Moda Health case management? Just ask for one of our case managers to call you. You'll work together to make a plan and schedule follow-up calls.

To talk with a case manager, call 800-592-8283 (TTY users, please dial 711.) or log in to myModa at modahealth.com.



Health plans in Oregon, Washington and Alaska provided by Moda Health Plan, Inc. Dental plans in Oregon provided by Oregon Dental Service. Dental plans in Alaska provided by Oregon Dental Service doing business as Delta Dental of Alaska.

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